

Calhoun County



Resource Guide



WHO WE ARE

The Calhoun County Family Resource Network (FRN FSC) is a local coalition working to improve services for families and children in Calhoun County. The Calhoun County Family Resource Network works to assess community needs, develop local plans, promote changes, evaluate results, and assist agencies in improving the service delivery system. Calhoun Family Resource Network received its Non-profit status in September 2000.

WHAT WE DO

FRN has a wide and varied scope of work and often chose to focus efforts on the issues most pressing and relevant at the time. FRNs do not provide direct services, but rather work collaboratively with partner agencies to implement and support new or existing programs or projects. Additionally, FRN is often involved in assessing, planning, and coordinating efforts related to resources or services in the community. (See Page 11 for more information)

Important Dates

1. **Community Baby Shower – 1st Friday in November**
2. **Christmas Express (sign ups – October) give-a-way (Week before Thanksgiving)**

NOTES:

Emergency Numbers:

Ambulance.....	911
-Ambulance Garage	304-354-9244
Fire Department	911
-Calhoun Fire Department Arnoldsburg Garage	304-655-8974
-Calhoun Fire Department Grantsville Garage	304-354-6566
-Calhoun Fire Department Upper West Fork Garage	304-655-7491
Director of Emergency Services	304-354-9271
Calhoun County Sheriff's Department	304-354-6333
Grantsville City Police Department	304-354-6334
State Police (Cell Phone)	*77
Calhoun D.A.R.T (Domestic Violence)	304-354-9254
Poison Control Center	1-800-222-1222
Oil & Toxic Chemical Spills	1-800-642-3074
Child Protective Services Centralized Intake	1-800-352-6513
National Suicide Prevention Lifeline.....	1-800-273-8255
Crisis Textline.....	Text HOME to 741741

****If you are unable to reach any of these emergency numbers CALL 911 if it is an emergency or 304-354-9271 for non-emergencies and dispatch will assist you.**

WV 2-1-1

Every hour of every day, someone in West Virginia needs essential services- from finding substance abuse assistance to securing adequate care for a child or aging parents. Faced with a dramatic increase in the number of agencies and help lines, people often don't know where to turn. In many cases, people often don't know where to start. While services that are offered though 2-1-1 vary from community to community, 2-1-1 provides callers with information and referrals to human services for every day needs and in times of crisis.

Dial: 211

Website: <http://www.wv211.org>

Know before you go

West Virginia 511 is a Traveler Information System providing free, real-time traffic information, including congestion, crashes, construction, lane closures, road conditions and sever weather information on all of West Virginias interstates and other major highways.

Dial: 511

Website: <http://www.wv511.org>

With Connections, you're never alone.

No matter your path, we're here to support you on your journey to recovery. Through the Connections app, you can connect with others, day or night, 24/7. Whether you're looking for a friendly sounding board from peers, seeking guidance from a peer recovery support specialist, attending virtual support meetings, tracking your goals, or staying in touch with your provider, you can do it through the Connections app. When you're ready, you can even help others by sharing your experiences, strength, and hope.

“ I love the support we get from this app each day. This has become such a part of my life, I really look forward to reading and engaging with people on here. I am beyond grateful for what I've gotten from this place, I can't imagine not chatting with you guys/gals. Thank you for everything you do.
-Mike6

- Customize** your motivation with a picture that reminds you why you're here.
- Participate** in group discussion threads, complete check-ins, celebrate milestones.
- Connect** to your groups and attend virtual support meetings.
- Find resources** that can help you on your journey, like Thoughts of the Day, activity recommendations for self care and mental health.
- Track and celebrate** your progress
- Journal, track** upcoming appointments, and complete surveys to keep you on your recovery journey
- Access** on-demand training to reinforce your coping skills

TO GET STARTED

- 1 Text your full name, date of birth, and treatment provider to **610-488-2461** to request a downloadable link for the Connections App or scan the QR code below and fill out the quick enrollment form.
- 2 Create a username and password.
- 3 Follow the setup steps and **YOU'RE IN!**

The app is FREE and available from your provider.

ALSO AVAILABLE: Conexiones en español.

SPECIALIZED PROGRAMS AVAILABLE:

- Family; Pregnancy, Parenting & Beyond
- LGBTQIA+ → Teen Seen
- Mind Matters → Nicotine Cessation

CHESS HEALTH

For more information or if you have any questions, contact us at:
Email: support@chess.health
Web: www.chess.health Phone: 644-MY-CHESS
Calhoun County FRN

Animal Services

Cain's Veterinary Clinic

304-354-6161

7519 W. Little Kanawha Hwy, Big Bend, WV 26136

Welfare of Animals Group (WAG)

304-354-6363

Reduced cost Cat & Dog Spay/Neuter Available

WAG can assist low-income Calhoun County homes with spaying and neutering of pets.

For more information or to make an appointment please call 304-354-6363

Crisis and Substance Abuse Services

Crisis Text line 24/7 support

Text HOME to 741741

Help 4 WV

844-435-7498

Mental Health Crisis Line 24/7

800-632-5449

National Suicide Prevention Hotline

800-273-8255

Options for deaf and hard of hearing

800-799-4889

Westbrook Crisis Lines

304-485-1725

800-579-5844

Dental services

Minnie Hamilton Health System- Grantsville

186 Hospital Dr. Grantsville, WV 26147

304-354-5999

MHHS Dental Clinic offers dental services for the whole family. Our practice is committed to providing exceptional care that addresses both your short- and long-term oral health needs. We offer general dental services including preventive and oral hygiene care, restorative treatment, oral surgery, dentures & partial dentures, crown and bridge, periodontics (treatment of gum disease) and root canal therapy. Many of our services are covered by the sliding fee program.

Education Service Providers

Anoldsburg Elementary School

90 Spring Run Road
Arnoldsburg, WV 25234
Telephone 304-655-8616

Calhoun County School Central Office

540 Alan B Mollohan Dr.
Mt. Zion, WV 26151
304-354-7011

Calhoun-Gilmer Career Center

5260 East Little Kanawha HWY Grantsville, West Virginia 26147
(304) 354-6151

Calhoun County Middle High School

50 Underwood Circle, Mt. Zion, WV 26151
304-354-6148

Pleasant Hill Elementary School

3254 N. Calhoun Hwy
Grantsville, WV 26147
304-354-6022

Little Kanawha Valley Christian School

6377 West Little Kanawha Highway, Big Bend, WV 26136
(304) 354-6436

Save the Children

304-655-8616 ext. 124

Save the Children provides early childhood education services to children birth to five years of age, education services to their parents. The program is designed to assist children with early language development, social and emotional development, and equip parents with the skills and knowledge to successfully support their child's growth. The program is open to all families in the Calhoun County School District who has children ages 0-5. This service is provided at no charge.

Employment Service Providers

Career Connections

b dye@wdbmov.com

Workforce Development Board Mid-Ohio Valley-Workforce Innovation and Opportunity Act (WIAO)

YOUTH SERVICES: Career Connections: Services individuals ages 16-24. Services include basic job skills, education assistance, paid work experience/on-the-job training, driver's license preparation, transportation assistance, and other individualized training and services. Must meet eligibility requirements.

304-917-6143

ADULT SERVICES: Adult/Dislocated Worker: Assistance with tuition for in demand occupations, apprenticeships and on-the-job training, job search, resume writing. Must meet eligibility requirements.

304-927-1909

Hospitals

Minnie Hamilton Health System

186 Hospital Dr. Grantsville, WV 26147

304-354-9244

www.mhhs.healthcare

Minnie Hamilton Health System is in the heart of West Virginia. At our rural hospital you will find professionals from diverse backgrounds working together to provide a comprehensive range of health care services. Services offered: Acute Care services, Long term care, Emergency room, Clinic services, and Pediatric services, dental services, cardiopulmonary, respiratory therapy, physical therapy, occupational and speech therapy, radiology, laboratory services, social services, infusion therapy, outreach and education services, and school based health centers.

Minnie Hamilton Health Services also provides assistance with medical cost with a sliding fee program. The sliding fee program reduces the cost of clinic office visits, laboratory and limited radiology and respiratory services. To qualify you must meet federal income guidelines, be ineligible for Medicaid and your insurance or Medicare must have a deductible or copay.

Library

Calhoun County Public Library

250 Mill Street

P.O. Box 918

Grantsville, WV 26147

304-354-6300

Hours:

Monday, Wednesday, Friday 8:00am - 3:00pm

Tuesday and Thursday 10:00am- 6:30pm.

Imagination Library

304-354-6300

www.imaginationlibrary.wv.gov

Dolly Parton's Imagination Library serves children 0-5 years of age. They will receive, through the mail, a free book each month until their 5th birthday.

Local Courthouse

Calhoun County Circuit Clerk

Calhoun County Courthouse

P.O. Box 266

363 Main Street, Suite 205

Grantsville, WV 26147-0266

304-354-6910

Fax: 304-354-6173

Calhoun County Family Court

P.O. Box 327

378 Main Street

Grantsville, WV 26147

304-354-9277

Fax: 304-354-9291

Magistrate Lora Davis-Mace

Calhoun County Courthouse

P.O. Box 397

363 Main Street, Suite 104

Grantsville, WV 26147

304-354-6844

Local Courthouse Continued

Magistrate Richard G. Postalwait
Calhoun County Courthouse
P.O. Box 186
363 Main Street, Suite 105
Grantsville, WV 26147
304-354-6651

Calhoun County Clerk
P.O. Box 186
363 Main Street, Suite 103
Grantsville, WV 26147
304-354-6698
Fax: 304-354-9041

Probation Office (for both Roane and Calhoun Counties)
Alisha Lawson
304-354-7066
Main Street, Second Floor
Grantsville WV 26147

Nutrition Service Providers

First Baptist Food Pantry
1500 E. Little Kanawha Highway (RT. 5)
Grantsville, WV 26147

The pantry is open two days a week: Tuesday and Thursday from 11-1. Need more information call 304-354-6130.

Calhoun FRN FSC
364 Main Street
Grantsville WV 26147
304-354-7177

We are open Monday – Thursday from 8:30-2:30. We offer a weekly choice menu. Families can receive a pantry (1) time per week.

We also offer CSFP Senior Food Boxes (income based) and must 65 years or older.

Calhoun Community Resource
258 Court Street
Grantsville WV 26147

Emergency food assistance - based on income. Please call 304-354-9265

Nutrition Service Providers Continued

WV WIC-Calhoun

Mill Street

Grantsville WV 26147

304-354-6898

Office Hours: 8:00-4:00 Monday through Friday, with Clinic held every Wednesday

WIC has been improving healthy pregnancies and preparing kids to learn for 40 years. The program provides nutrition counseling; breast feeding support and food assistance to help you and your family live a healthy life. Some of the food provided through WIC: milk, cereal, cheese, peanut butter, eggs, juice, infant formula, fruits and vegetables, whole grains and baby foods.

Optical Service Provider

Calhoun Eye Clinic

256 Court St, Grantsville, WV 26147

(304) 354-7505

Pharmacies

J&B Drugstore

352 Main Street

Grantsville, WV 26147

304-354-7737

Walgreens

337 Main Street

Grantsville, WV 26147

304-354-9232

Road & Highway Maintenance

District three Department of Highway

624 Depot Street

Parkersburg, WV 26101

304-420-4595

Senior Citizen Service Providers

Calhoun County Committee on Aging

105 Market Street

**P.O. Box 619
Grantsville, WV 26147
304-354-7017**

The Calhoun County Committee On Aging, Inc., provides a wide variety of services and programs to our senior citizens and to our community, including but not limited to: Congregate Meals in the Grantsville Center Dining Hall, Transportation via Our Buses and/or Individual Pick-Up, In-Home Care Services (With 34 Personal Care Providers), "Meals On Wheels" via Our Two "Hot Delivery" Vehicles, "Family Alzheimer's In-Home Respite" Services (FAIR), Provision of Services Under West Virginia's, "Lighthouse" and "LIFE" Programs, "At Risk and Frail Elderly" Services.

Social Services

**Calhoun FRN FSC
364 Main Street
PO Box 620
Grantsville, WV 26147
304-354-7177
calhounfrn@gmail.com**

- Food Pantry
- CSFP (Senior Boxes)
- FSC Services – help families with children with basic needs.
- Healthy Grandfamilies
- Play groups
- Earn N Learn
- Recovery Meetings (Monday zoom 7pm, Biblical Based Tuesday at 2:30, Friday 1pm)

**Community Resources Inc.
PO Box 309, 258 Court Street
Grantsville WV 26147
304-354-9265**

The CRI provides emergency services (food, utility termination, hygiene), weatherization, 1st Energy applications. ECIP (Energy Crisis Intervention Program, VITA (Volunteer Income Tax Assistance) Free for low income by appointment only beginning in January, Budgeting, Financial Literacy Courses, Work Force, and book bags.

**Calhoun County DHHR
P.O. Box 280
85 Industrial Park Road
Grantsville WV 26147
304-354-6118**

The Bureau for Children and Families provides an accessible, integrated, comprehensive quality service system for West

Virginia's children, families, and adults to help them achieve maximum potential and improve their quality of life. Some of the services offered: Supplemental Nutrition Assistance Program-SNAP, Medicaid or Chip, Medicare Premium Assistance Program (Helps with paying your monthly Medicare Premium, WV Works, LIEAP, and School Clothing Allowance.

Calhoun Domestic Violence (DART)

304-354-9254

Court Street (Old jail building)

Grantsville WV 26147

800-794-2335

- Personalized Safety Plans
- Protection Orders
- Shelter support
- Individual Counseling
- Advocacy
- Sexual Assault Response Advocate
- Community Education
- Crisis Intervention
- Information & Referral

WVU Extension Service – Calhoun County

363 Main Street, Suite 403

P.O. Box 680

Grantsville, WV 26147

Jamie Mullins, 4-H Youth Development
Daisy Bailey, Agriculture & Natural Resource
CalhounCountyExtension@mail.wvu.edu

Jamie.Mullilins@mail.wvu.edu
Daisy.Fryman@mail.wvu.edu

Contact Telephone Number: (304)354-6332

Web page: <https://extension.wvu.edu/calhoun>

