



Food Assistance Guide

Provided by Marshall County Family Resource Network

Blue & Gold Christian Center

3931 Dragon Highway, Cameron, WV 26033

304-686-2210

Hot meals after school Monday-Friday and breakfast Wednesday

Summer breakfast and lunch program

Calvary United Methodist Church

1601 First Street, Moundsville, WV 26041

304-845-2732

Provides a pantry on an as-needed basis - 9 a.m. to 12 p.m. Monday and Friday

No eligibility requirements

Cameron Baptist Church

62 Squirrel Alley Lane, Cameron, WV 26033

304-686-3301

Provides a pantry Tuesday and Thursday 9 a.m. to 4 p.m. and Friday 9 a.m. to 2 p.m.

No eligibility requirements

Glen Dale United Methodist Church

700 Wheeling Avenue, Glen Dale, WV 26038

304-845-1140

Tuesday, Wednesday, Thursday - Church Office Hours

Family Service of the Upper Ohio Valley

51 11th Street, Wheeling, WV 26003

304-233-2350

Hot meals delivered Monday-Friday

Must be over 60-years-old

Feeding Body & Soul Community Kitchen

800 7th Street, Moundsville, WV 26041

304-845-5080

Hot meal provided daily from 11 a.m. to 1 p.m. (excluding Sunday)

No eligibility requirements



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McMechen First Church of God

PO Box 102, McMechen, WV 26040

304-232-0388

Call to set up an appointment to receive food

No eligibility requirements - Primarily serving McMechen and Benwood

Mt. Olivet United Methodist Church "The Lord's Pantry"

162 Fairmont Pike, Wheeling, WV 26003

304-242-3162

Pantry: 9 a.m. to 11 a.m. - 4th Friday of the month (3rd Friday in November & December)

No eligibility requirements

Shepherd's Pantry

601 Jefferson Avenue, Moundsville, WV 26041

304-221-9510

Sign up to be a client - provide proof of address and income, social security number for everyone in the household. Can receive food once a month.

Temple Baptist Church

2300 Second Street, Moundsville, WV 26041

304-280-6630

Provides food and hygiene items - 9 a.m. to 11 a.m. fourth Saturday of the month

No eligibility requirements

Salvation Army

700 Jefferson Avenue, Moundsville, WV 26041

304-845-0510

Pantry: 10 a.m. to 12 p.m. - every Thursday

No eligibility requirements

Wellspring Pregnancy Center

1315 Center Street, Moundsville, WV 26041

304-810-0292

Tuesday and Thursday 10 a.m. to 4 p.m.

Sign up to be a client - provides services for expecting mothers and material assistance from newborn through six months. Clients can shop once a month.