

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

## **Regional Shelter Resources**

### **Emergency Shelter**

Faith Community Coalition  
Homeless  
Hot line 304 960-5535  
[wvfcch@gmail.com](mailto:wvfcch@gmail.com)  
Only when no other shelter is available

### **Year Round Shelters-Regional**

Eastern Panhandle Empowerment Center  
Main Office  
236 W Martin St Martinsburg, WV 25401 (304) 263-8522  
•Assisting Victims of Sexual Assault,  
•Domestic Violence, LGBT Targeting,  
•Stalking, or Human Trafficking,  
[www.epecwv.org](http://www.epecwv.org)

CNI/Bethany House Women-Children Shelter  
216 E. John Street  
(304) 263-3510  
[communitynetworksinc.org/](http://communitynetworksinc.org/)

Union Rescue Mission Men Shelter  
608 W. King Street  
Martinsburg  
(304) 263-6901  
[www.martinsburgrescuemission.com](http://www.martinsburgrescuemission.com)

## **Regional Housing Resources**

Housing and Urban Development Office  
Berekely, Jefferson and Morgan Counties  
Martinsburg Housing Authority 703 Porter Avenue, Martinsburg, 25401, WV  
304-263-8891

Habitat for Humanity of the Eastern Panhandle  
304-263-3154  
[www.habitatwv.org](http://www.habitatwv.org)

Telamon 304-263-0916  
Home Buyer Education Classes  
Self-Help Housing  
Veteran's Housing Assistance  
[www.telamon.org](http://www.telamon.org)

Oxford Houses of West Virginia Eastern Panhandle  
202-380-7674  
[www.oxfordvacancies.com](http://www.oxfordvacancies.com)

### **Regional Transportation**

ETPA-Bus (304) 263-0876  
[www.eptawv.com](http://www.eptawv.com)

Logistic Care  
Non- Emergency Medical Transportation  
1-844-549-8353

Eastern WV Regional Airport Authority  
(304) 263-2106  
[www.flymrb.com](http://www.flymrb.com)

## **Employment-Regional**

Region 7 Workforce Development Board  
Work Force WV Martinsburg  
(304) 267-0065  
[wvregion7workforce.org/](http://wvregion7workforce.org/)

State of West Virginia Rehabilitation Services Division (304) 267-0005  
<https://wvdrs.org>

Work Force WV Career Center- Unemployment  
304-267-0065  
<http://workforcewv.org>

West Virginia Workers Compensation Division.800-628-4265  
[www.wvinsurance.gov](http://www.wvinsurance.gov)

### **Education-Regional**

Epic – Eastern Panhandle Instructional Cooperative  
(304) 267-3595  
Birth to Three, Early Head Start, Pre/K  
<http://www.epicresa8.org/>

SPOKES (Strategic Planning in Occupational Knowledge for Employment and Success) 304-267-3595  
<http://www.epicresa8.org/>

Learning Center for Adult Education at James Rumsey Technical Institute  
304-754-9712  
[www.jamesrumsey.com](http://www.jamesrumsey.com)

Valley College  
304-263-0979  
[www.valley.edu/campus-locations/martinsburg/](http://www.valley.edu/campus-locations/martinsburg/)

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

Shepherd University  
304-876-5000  
[www.shepherd.edu](http://www.shepherd.edu)

Lifelong Learning Program at  
Shepherd University  
304-876-5135  
[www.shepherd.edu/lifelonglearning](http://www.shepherd.edu/lifelonglearning)

Harpers Ferry Job Corp  
(304) 728-5708  
[harpersferry.jobcorps.gov](http://harpersferry.jobcorps.gov)

Literacy Volunteers of the  
Eastern Panhandle  
304-264-0298  
[www.lvep-wv.org](http://www.lvep-wv.org)

## **Medical-Regional**

Shenandoah Community  
Health Center  
304-263-4999  
[www.svms.net](http://www.svms.net)

Betty Puskar Breast Care  
Center 304-293-8012  
[www.wvucancer.org/](http://www.wvucancer.org/)

University Healthcare:  
Berkeley Medical Center  
304-264-1000  
[www.vuniversityhealthcare.com](http://www.vuniversityhealthcare.com)

Good Samaritan Free Clinic 304-  
264-4049  
[www.goodsamfcwv.org/wordpress](http://www.goodsamfcwv.org/wordpress)

Healthy Smiles Oral Health  
Center (304) 267-0250  
[www.shencommhealth.com](http://www.shencommhealth.com)

Wellness Center  
304-264-1287  
[www.wvuniversityhealthcare.com](http://www.wvuniversityhealthcare.com)

Identity Crisis (Community  
Fundraiser for Breast Cancer  
Awareness- Cumberland  
Valley, Inc. BCA-CV)  
304-283-8300  
[www.identitycrisiswv.com](http://www.identitycrisiswv.com)

Chronic Disease  
Living Well 304 267-7130  
[www.selfmangementonline.org](http://www.selfmangementonline.org)

Traumatic Brain Injury  
Services Resources  
304 267-0100 ext 71125  
<https://dhhr.wv.gov/bms/Programs/WaiverPrograms/>

Brain Injury Group of West  
Virginia (BIG) – Eastern  
Panhandle 304-596-3550  
[www.tbi.cedwvu.org/active-tbi-support-groups.php](http://www.tbi.cedwvu.org/active-tbi-support-groups.php)

Muscular Dystrophy  
Association 304-344-9807  
<https://www.mda.org/>

WVU Center for Diabetes  
and Metabolic Health  
304 596-5038

Diabetes Education  
304-596-6839 304-264-1383  
[www.wvuniversityhealthcare.com](http://www.wvuniversityhealthcare.com)

Diabetes Support Groups for  
Adult, Teens and Children  
304-596-6840  
[www.wvuniversityhealthcare.com](http://www.wvuniversityhealthcare.com)

Dining with Diabetes  
304-264-1936  
[www.berkeley.ext.wvu.edu](http://www.berkeley.ext.wvu.edu)

WV Tobacco Quit Line  
1-877-966-8784

Health Care Market Place  
Assistance  
301 678 7256 ext 222  
Or  
Shen Valley Com Health  
304 596-2224

SHIP (Senior Health  
Insurance Program)  
Medicaid Enrollment Helpline  
304-257-2847  
<http://www.wvship.org/>

Chip Customer Service  
1-877-982-2447

HIV/AIDS testing and support  
304-263-4999, ext. 1034  
[www.svms.net](http://www.svms.net)

Corporate Angel Network  
(Cancer patient travel  
assistance)  
866-328-1313  
[www.corpangelnetwork.org/](http://www.corpangelnetwork.org/)

American Heart Association,  
W.V. Affiliate  
1-800-926-4278  
[www.heart.org](http://www.heart.org)

Catastrophic Illness  
Commission- WVDHHR  
304-558-6073  
[www.wvdhhr.org/cic/default.htm](http://www.wvdhhr.org/cic/default.htm)

A Tobacco Awareness  
Coalition (ATAC)  
304-267-5032

Black Lung Clinics Program  
304-558-4007  
[www.dhhr.wv.gov/dpc/black\\_lung\\_clinics/pages/default.aspx](http://www.dhhr.wv.gov/dpc/black_lung_clinics/pages/default.aspx)

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

## **Mental Health- Regional**

Two Rivers Counseling, LLC  
409 W King St, Martinsburg,  
WV 25401 (304) 579-3272  
[www.2riverscounseling.com](http://www.2riverscounseling.com)

Parkhill Counseling, LLC  
Address: 93 Crimson Cir,  
Martinsburg, WV 25403  
Phone: (304) 579-2999  
[www.parkhillcounseling.net](http://www.parkhillcounseling.net)

Christian Psychological  
Service (304) 260-8808  
[www.christian-psychological.com](http://www.christian-psychological.com)

Pathway Counseling  
(304) 262-8020  
Website: facebook.com

Psychological Counseling  
Therapies PLLC  
(304) 350-8380  
[www.pctpllc.com](http://www.pctpllc.com)

Inner Awakening Counseling  
& Consultation, PLLC  
(304) 820-9365  
[www.innerawakening.solutions](http://www.innerawakening.solutions)

A Brighter Tomorrow  
Counseling (304) 267-0818  
[www.abrightertomorrow.org](http://www.abrightertomorrow.org)

Callahan Counseling Services  
(304) 886-4118  
[www.callahancounselingservices.com](http://www.callahancounselingservices.com)

Eastern Panhandle  
Psychiatry 304-264-1442  
[www.eppsy.com](http://www.eppsy.com)

EastRidge Health Systems 304-  
263-8954  
[www.eastridgehealthsystems.org](http://www.eastridgehealthsystems.org)

Vaughn Counseling Center  
304-886-8975  
[www.vaughncounselingcenter.com](http://www.vaughncounselingcenter.com)

Simms Integrative Health  
Services 304-261-8456  
[www.simmshealth.com](http://www.simmshealth.com)

Rings of Life Therapy  
304-707-3945  
240-397-7023  
[ringsoflifetherapy.com](http://ringsoflifetherapy.com)

Veterans Crisis Line  
304-263-0811 ext. 7

Marshall University  
Psychiatric Associates  
877-691-1600  
[www.marshallhealth.org/services/psychiatry](http://www.marshallhealth.org/services/psychiatry)

Mountaineer Behavioral  
Health- 304-260-8808  
[www.mountaineerbehavioralhealth.com/](http://www.mountaineerbehavioralhealth.com/)

Novus Health Care  
(304) 260-1436  
[www.wvuniversityhealthcare.com](http://www.wvuniversityhealthcare.com)

Victims of Domestic Violence  
Peer Support Group  
The Eastern Panhandle  
Empowerment Center  
304-263-8522  
[www.epecwv.org](http://www.epecwv.org)

## **Addiction-Recovery- Regional**

HART Health Care  
Advocates for Recovery  
443 333-3996  
[www.facebook.com/HARTresourcepage/](http://www.facebook.com/HARTresourcepage/)

Martinsburg Institute-  
(304)263-1101  
[www.addictiontreatmentsystems.com](http://www.addictiontreatmentsystems.com)

Renovo Center  
681-242-8819  
[www.renovocenter.com](http://www.renovocenter.com)

Potomac Highlands Guild,  
Inc. 304-596-9323  
[www.thephg.org](http://www.thephg.org)

New Life Clinic  
(304) 264-4020  
[newlifeclinics.com/martinsburg](http://newlifeclinics.com/martinsburg)

Paloma Crisis Stabilization  
and Detox Center  
(304) 579-4455  
<https://www.callahancounseling.com/PALOMACSU.en.html>

Recovery Resource Center  
304-676-7731  
[www.recoveryresourcecenter.berkeleywv.org](http://www.recoveryresourcecenter.berkeleywv.org)

Narcotics Anonymous  
<http://almosttheheavenareana.org/>

Alcoholics Anonymous  
(800) 333-5051  
<https://www.aawv.org/>

Celebrate Recovery  
<https://www.facebook.com/NLCCWV.cr/>

Federal Substance Abuse &  
Mental Health  
Administration's Referral  
Hotline 800-662-4357

Help 4 WV 1-844-HELP4WV  
(1-844-435-7498)  
<https://www.help4wv.com/>

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

A Better Life Ministries  
(240) 329-9083  
<https://ablministries.org/>

Community-Prevention-Partnership/  
(304) 264-2008  
304-820-7406  
[www.centerinc.net/CommunityPreventionPartnership](http://www.centerinc.net/CommunityPreventionPartnership)

Greater Recovery and Community Empowerment, or GRaCE.  
<https://www.strengtheningrace.com/>

Burlington United Methodist Family Services SMART Recovery (Self-Management and Recovery Training)  
*Tuesday nights 6:00 p.m. to 7:30p.m* (304) 260-5884  
[www.bumfs.org](http://www.bumfs.org)

Blue Ridge Recovery Resource Center  
571-363-1600

Regional Emergency Services

Free Cell Phone for Emergency 911  
[www.americancellphonedrive.org/](http://www.americancellphonedrive.org/)

Disaster Distress Helpline  
1-800-985-5990

State Police 304-267-0000  
[www.wvstatepolice.com](http://www.wvstatepolice.com)

Probation Office  
304-264-1969  
[www.courtswv.gov](http://www.courtswv.gov)

American Red Cross  
(304) 725-5015  
[www.redcross.org](http://www.redcross.org)

West Virginia Adolescent Suicide Prevention  
304-538-2303 ext. 226

Care Pregnancy Center of the Eastern Panhandle Inc  
304-264-2722  
<http://www.comeseeus.org/>

## **Regional Family support services**

Child Abuse & Neglect Hotline 800-352-6513

Epic – Eastern Panhandle Instructional Cooperative  
(304) 267-3595  
Birth to Three, Early Head Start, Pre/K  
<http://www.epicresa8.org/>

Burlington United Methodist Family Services  
(304) 260-5884  
[www.bumfs.org](http://www.bumfs.org)

Community Networks, Inc.  
304-263-3510

Community Combined Ministries 304-268-8778  
[www.communitycombined.org](http://www.communitycombined.org)

Board of Child Care  
304-267-3300  
[www.boardofchildcare.org](http://www.boardofchildcare.org)

Children's Home Society of West Virginia 304-264-0225  
[www.childhswv.org](http://www.childhswv.org)

Parent Educator Resource Center 304-263-5717  
[wvde.state.wv.us/osp/perc.html](http://wvde.state.wv.us/osp/perc.html)

Telamon 304-263-0916  
[www.telamon.org](http://www.telamon.org)

Family Preservation Services  
(304) 724-9333  
[www.fpscorp.com](http://www.fpscorp.com)

Safe haven  
304 596-2002  
[safehaven@childhswv.org](mailto:safehaven@childhswv.org)

WV WIC (Women, Infants, and Children) .304-267-5477  
[www.wvdhhr.org](http://www.wvdhhr.org)

The Gabriel Project  
304-258-5683  
[www.gabrielwv.org](http://www.gabrielwv.org)

Mountain Heart  
304-262-1584  
<http://mountainheartwv.org/>

Books Motivate Foundation  
304-404-4150  
[www.booksmotivate.org](http://www.booksmotivate.org)

Community Alternatives to Violence 304-262-4424  
[www.commav.org](http://www.commav.org)

Potomac Highlands Guild, Inc. 304-596-9323  
[www.thephg.org](http://www.thephg.org)

Relatives as Parents Program of the Panhandle (R.A.P.P)

- Jefferson County  
Gwen Twyman  
304-724-2044
- Berkeley County  
Betty McDonald  
304-263-9388
- Morgan County  
Lisa Osborne  
304-702-7199

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

Bethany Christian Services  
(304) 620-2695  
[www.bethany.org](http://www.bethany.org)

Family Advocacy, Support  
and Training FAST  
Legal Aid of West Virginia  
caregivers of youth (ages 0 –  
21) with emotional,  
behavioral or mental health  
challenges. 1-866-255-4370.

Catholic Charities  
304-267-8837  
[www.catholiccharitieswv.org](http://www.catholiccharitieswv.org)

Parent Educator Resource  
Center 304-263-5717  
[wvde.state.wv.us/osp/perc.html](http://wvde.state.wv.us/osp/perc.html)

Baby & Me Preschool Prep &  
Play Group 304-263-0603  
[www.uwayep.org/our-work/community-solutions/promise-neighborhood-initiative](http://www.uwayep.org/our-work/community-solutions/promise-neighborhood-initiative)

BE Hive 301-704-0324  
[www.behivellc.wix.com](http://www.behivellc.wix.com)

## **Regional Youth Organizations**

Horses with Hearts Equine  
Assisted Activities  
304-283-8071  
[www.horseswithhearts.com](http://www.horseswithhearts.com)

National Youth Advocates  
Program 304-596-2390  
[www.nyap.org](http://www.nyap.org)

Girl Scout Council of the  
Nation's Capital  
800-523-7898  
[www.gscnc.org](http://www.gscnc.org)

Eastern Panhandle YoungLive  
304-919-1681  
[www.epanhandle.younglife.org](http://www.epanhandle.younglife.org)

MODIFY with CED  
(Mentoring & Oversight for  
Developing Independence  
with Foster Youth)  
304-267-0100  
[www.modify.cedwvu.org](http://www.modify.cedwvu.org)

## **Regional Senoir services**

Social Security  
866-416-1919  
[www.ssa.gov](http://www.ssa.gov)

Elder Abuse Hotline  
800-352-6513

Long-Term Care  
Ombudsman (Enhancing the  
Lives of Senior Citizens)  
<http://www.wvseniorservices.gov/StayingSafe/tabid/57/Default.aspx>

A Place for Mom  
877-614-0360  
[www.aplaceformom.com](http://www.aplaceformom.com)

Elmcroft of Martinsburg  
304-267-5800  
[www.elmcroft.com/community/elmcroft-of-martinsburg/](http://www.elmcroft.com/community/elmcroft-of-martinsburg/)

Care Haven Center  
304-263-0933  
[www.geneshihcc.com/CareHaven](http://www.geneshihcc.com/CareHaven)

Countryside Assisted Living  
304-596-6227  
[www.countrysideassistedlivingwv.com](http://www.countrysideassistedlivingwv.com)

Guardian In-Home Services  
304-267-9088  
[www.eldercare4you.com](http://www.eldercare4you.com)

Home Health | WVU  
Medicine - East  
304.728.1750  
<https://wvumedicine.org/east>

A.A.R.P. – Martinsburg, Wv  
304-754-5783  
[local.aarp.org/martinsburg-wv/](http://local.aarp.org/martinsburg-wv/)

Age in Place West Virginia  
304-579-5853  
[www.ageinplacewv.com](http://www.ageinplacewv.com)

Clary Grove:  
(304) 263-8921  
(866)-427-5726  
[www.stonerisehealthcare](http://www.stonerisehealthcare)

Panhandle Home Health, Inc.  
(304) 263-5680  
(800) 397-7444  
[www.panhandlehomehealth.org](http://www.panhandlehomehealth.org)

Home Helpers of the  
Panhandle  
304-433-8000  
[www.homehelpershomecare.com/panhandle](http://www.homehelpershomecare.com/panhandle)

Coordinating Council for  
Independent Living  
304 788-9230  
1-866-777-9230  
[www.westvirginiashoice.com](http://www.westvirginiashoice.com)

Central West Virginia Aging  
Services 304-267-3997  
[www.centralwvaging.org](http://www.centralwvaging.org)

Golden Mountaineer  
Discount Card  
304-558-3317  
[www.goldenmountaineer.wv.gov](http://www.goldenmountaineer.wv.gov)

Affordable Dentures  
304-402-3859  
[www.affordabledentures.com](http://www.affordabledentures.com)



# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

## **Regional Disability Services**

Disability Rights West  
Virginia  
800-950-5250  
[www.drofwv.org](http://www.drofwv.org)

Eastern Panhandle Indigo  
Children  
Email us for more info:  
E.P.I.C.WV@gmail.com  
[www.epic-wv-autism.org](http://www.epic-wv-autism.org)

Coordinating Council for  
Independent Living  
304 788-9230  
1-866-777-9230  
[www.westvirginiachoice.com](http://www.westvirginiachoice.com)

Mt. State Centers for  
Independent Living  
<http://mtstcil.org>

WVU Center for Excellence  
in Disabilities  
<http://www.cedwvu.org/>

People 1st of West Virginia  
[www.thearcofww.org/people-first/home.html](http://www.thearcofww.org/people-first/home.html)

Autism Speaks Toolkits -  
[www.autismspeaks.org/family-services/tool-kits](http://www.autismspeaks.org/family-services/tool-kits)

Marshall University's Autism  
Training Center  
<http://www.marshall.edu/atc/>

West Virginia Schools for the  
Deaf & Blind  
304-822-4800  
[www.wvsdb2.state.k12.wv.us/pages/WestVirginiaSchoolsDeafBlind](http://www.wvsdb2.state.k12.wv.us/pages/WestVirginiaSchoolsDeafBlind)

National Education for  
Assistance Deaf Services  
(NEADS)  
978-422-9064  
[www.neads.org](http://www.neads.org)

National Federation of the  
Blind of WV  
304-260-6326

Muscular Dystrophy  
Association  
304-344-9807  
<https://www.mda.org/>

American Association of  
The Deaf and Blind  
301-495-4403  
[www.aadb.org](http://www.aadb.org)

Autism Society of America-  
WV State Chapter, Inc.  
304-544-4730  
[www.autismwv.blogspot.com](http://www.autismwv.blogspot.com)

Team River Runners—  
Shepherd University  
(TRR). 304-876-5463 or  
tseffers@shepherd.edu (ask  
for Tracy Seffers to register)

Birth to Three  
866-321-4727  
[www.wvdhhr.org/birth23](http://www.wvdhhr.org/birth23)

Daily Companions, Inc  
304-263-5008  
[www.dailcompanionsinc.com](http://www.dailcompanionsinc.com)

American Family Matters  
LLC 304-350-1109  
<http://afmwv.com>

Rem West Virginia Inc  
260-5720  
[www.remwestvirginia.com](http://www.remwestvirginia.com)

Rescare  
(540) 858-2572

Stepping Stones Cottages  
Phone (304) 229-0570

Miracle Ear Children's  
Foundation  
1-800-464-8002  
[www.miracle-ear.com/miracle-ear-foundation/eligibility](http://www.miracle-ear.com/miracle-ear-foundation/eligibility)

## **Veteran Services**

Community Veterans  
Engagement Board (CVEB)  
[www.fourstatecveb.org](http://www.fourstatecveb.org)

Veterans Crisis Line  
304-263-0811 ext. 7  
Telamon  
Veteran's Housing  
Assistance 304-263-0916  
[www.telamon.org](http://www.telamon.org)

Veterans of Foreign Wars  
(304) 263-5047  
[vfw.org](http://vfw.org)

US Veterans Affairs Dept  
(304) 263-6776  
Website: [va.gov](http://va.gov)

Martinsburg VA Medical  
Center  
304-263-0811 800-817-3807  
<https://www.martinsburg.va.gov/>

VAMC Geriatric Clinic  
304-263-0811  
[www.martinsburg.va.gov](http://www.martinsburg.va.gov)

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

VAMC Palliative Care Unit  
304-263-0811  
[www.martinsburg.va.gov](http://www.martinsburg.va.gov)

Martinsburg Vet Center  
304-263-6776

Military OneSource  
1-800-342-9647  
<http://www.militaryonesource.mil/>

Morgantown Orthotic & Prosthetic Center  
304-598-0528  
<http://www.oandp.com/facilities/wv/morgan/>

West Virginia Military Family Assistance Center  
304 201-3753

## **Toll Free Numbers**

Air Compassion for Veterans  
1-888-662-6794

Beneficiaries in receipt of Pension Benefits  
1-877-294-6380

Benefits (VA):  
1-800-827-1000

CHAMPVA Meds by Mail  
1-888-385-0235 (or)  
1-866-229-7389

Combat Call Center  
1-877-WAR-VETS (1-877-927-8387)

Debt Management Center (Collection of Non-Medical Debts) 1-800-827-0648

Children of Women Vietnam Veterans (CWVV)

Foreign Medical Program (FMP)  
1-877-345-8179 (or)  
1-888-820-1756

Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA)  
CHAMPVA In-House Treatment Initiative (CITI)  
1-800-733-8387

Education (GI Bill)  
1-888-442-4551

Health Care Benefits  
1-877-222-8387

Life Insurance:  
Service members and/or Veterans Group Life Insurance Program  
1-800-419-1473

All other VA Life Insurance Programs  
1-800-669-8477

Mammography Helpline  
1-888-492-7844

Smoking Cessation Counselors  
1-855-QUIT-VET  
(1-855-784-8838)

Special Issues - Gulf War/Agent Orange/Project Shad/Mustard Agents and Lewisite/Ionizing Radiation  
1-800-749-8387

Status of Headstones and Markers 1-800-697-6947

Telecommunications Device for the Deaf (TDD) Dial 711

Veterans Crisis Line  
1-800-273-TALK  
(1-800-273-8255)

Women Veterans Hotline  
1-855-VA-WOMEN  
(1-855-829-6636)

## **Regional Government Services**

Social Security  
866-416-1919  
[www.ssa.gov](http://www.ssa.gov)

Legal Aid of West Virginia  
304-263-8871  
[www.lawv.net/](http://www.lawv.net/)

First Energy  
(304) 267-3216  
1-800-686-0011  
[www.firstenergycorp.com](http://www.firstenergycorp.com)

## **Regional Organizations**

Victim Advocates for Domestic Violence/Sexual Abuse 304-263-8292

Community Networks, Inc.  
304-263-3510

Epic – Eastern Panhandle Instructional Cooperative  
(304) 267-3595  
Birth to Three, Early Head Start, Pre/K  
<http://www.epicresa8.org/>

Burlington United Methodist Family Services  
(304) 260-5884  
[www.bumfs.org](http://www.bumfs.org)

# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

Community Combined  
Ministries 304-268-8778  
[www.communitycombined.org](http://www.communitycombined.org)

Board of Child Care  
304-267-3300  
[www.boardofchildcare.org](http://www.boardofchildcare.org)

Children's Home Society of  
West Virginia 304-264-0225  
[www.childhswv.org](http://www.childhswv.org)

Parent Educator Resource  
Center 304-263-5717  
[wvde.state.wv.us/osp/perc.html](http://wvde.state.wv.us/osp/perc.html)

Telamon 304-263-0916  
[www.telamon.org](http://www.telamon.org)

Family Preservation Services  
(304) 724-9333  
[www.fpscorp.com](http://www.fpscorp.com)

Safe haven  
304 596-2002  
[safehaven@childhswv.org](mailto:safehaven@childhswv.org)

WV WIC (Women, Infants,  
and Children) .  
304-267-5477  
[www.wvdhr.org](http://www.wvdhr.org)

The Gabriel Project  
304-258-5683  
[www.gabrielwv.org](http://www.gabrielwv.org)

Mountain Heart  
304-262-1584  
<http://mountainheartwv.org/>

Books Motivate Foundation  
304-404-4150  
[www.booksmotivate.org](http://www.booksmotivate.org)

Community Alternatives to  
Violence 304-262-4424  
[www.comnav.org](http://www.comnav.org)

Potomac Highlands Guild,  
Inc. 304-596-9323  
[www.thephq.org](http://www.thephq.org)

Relatives as Parents  
Program of the Panhandle  
(R.A.P.P)

- Jefferson County  
Gwen Twyman  
304-724-2044
- Berkeley County  
Betty McDonald  
304-263-9388
- Morgan County  
Lisa Osborne  
304-702-7199

Bethany Christian Services  
(304) 620-2695  
[www.bethany.org](http://www.bethany.org)

Family Advocacy, Support  
and Training FAST  
Legal Aid of West Virginia  
caregivers of youth (ages 0 –  
21) with emotional,  
behavioral or mental health  
challenges. **1-866-255-4370.**

Catholic Charities  
304-267-8837  
[www.catholiccharitieswv.org](http://www.catholiccharitieswv.org)

Parent Educator Resource  
Center 304-263-5717  
[wvde.state.wv.us/osp/perc.html](http://wvde.state.wv.us/osp/perc.html)

Baby & Me Preschool Prep &  
Play Group 304-263-0603  
[www.uwayep.org/our-work/community-solutions/promise-neighborhood-initiative](http://www.uwayep.org/our-work/community-solutions/promise-neighborhood-initiative)

BE Hive 301-704-0324  
[www.behivellc.wix.com](http://www.behivellc.wix.com)

American Red Cross  
(304) 725-5015  
[www.redcross.org](http://www.redcross.org)

West Virginia Adolescent  
Suicide Prevention  
304-538-2303 ext. 226  
[robbieg@potomachighlandsguild.com](mailto:robbieg@potomachighlandsguild.com)

Horizon Goodwill Industries  
304-267-3177  
[www.horizongoodwill.org](http://www.horizongoodwill.org)

The Salvation Army  
(304) 267-4612  
[www.salvationarmyusa.org](http://www.salvationarmyusa.org)

Identity Crisis (Community  
Fundraiser for Breast Cancer  
Awareness- Cumberland  
Valley, Inc. BCA-CV)  
304-283-8300  
[www.identitycrisiswv.com](http://www.identitycrisiswv.com)

United Way of The Eastern  
Panhandle 304-263-0603  
[www.uwayep.org](http://www.uwayep.org)

American Cancer Society-  
Relay for Life  
1-800-227-2345

Children's Home Society  
(304) 263-8733  
[www.childhswv.org](http://www.childhswv.org)

Hospice of the Panhandle  
330 Hospice Lane,  
Kearneysville (304) 264-0406  
[www.hospiceotp.org](http://www.hospiceotp.org)

Cuddling Angels  
814-288-8915  
[www.cuddlingangels.com](http://www.cuddlingangels.com)



# Regional Resource Guide



[www.frnotp.org](http://www.frnotp.org) – 304-262-5360

---

## **Regional Business Services**

Berkeley County Chamber of Commerce  
198 Viking Way  
Martinsburg, WV 25401  
304.267.4841  
[www.berkeleycounty.org/](http://www.berkeleycounty.org/)

Eastern Panhandle Business Association  
304-728-0192  
<http://www.epba.biz/>

Eastern Panhandle Home Builders Assoc.  
304-267-4710  
[easternwvhomebuilders.org/](http://easternwvhomebuilders.org/)

Eastern Panhandle SHRM Chapter  
304-724-3735  
<https://ep.shrm.org/>

EASTERN PANHANDLE -  
West Virginia Division of  
Culture and History  
[www.wvculture.org/arts/ethnic/easternpan.html](http://www.wvculture.org/arts/ethnic/easternpan.html)

Things To Do in West  
Virginia - Eastern Panhandle  
Region Attractions  
[www.thingstodo.com/states/WV/eastern\\_panhandle.htm](http://www.thingstodo.com/states/WV/eastern_panhandle.htm)

Parks of the Eastern  
Panhandle region in West  
Virginia - State Parks  
[www.stateparks.com/eastern\\_panhandle\\_west\\_virginia\\_parks.html](http://www.stateparks.com/eastern_panhandle_west_virginia_parks.html)

Eastern Panhandle - West  
Virginia - Wild and Wonderful  
- West  
[www.westvirginia.com/eastern/](http://www.westvirginia.com/eastern/)

## **Arts and Recreation**

Tourism Office | WV  
Department of Commerce  
[commerce.wv.gov/tourism-office](http://commerce.wv.gov/tourism-office)

West Virginia Tourism - Find  
your version of heaven -  
Almost Heaven ...  
<https://wvtourism.com/>

Free Travel Guide - West  
Virginia Tourism  
[wvtourism.com/explore/travel-guide-request/](http://wvtourism.com/explore/travel-guide-request/)

Eastern Panhandle - West  
Virginia Tourism  
[wvtourism.com/explore/by-region/eastern-panhandle/](http://wvtourism.com/explore/by-region/eastern-panhandle/)