

**Barbour County  
Community Resource  
Directory  
2019**



**Community with Heart  
Barbour County  
Family Resource Network**  
Working Together for Children and Families

Updated March 2019

# **Barbour County Family Resource Network**

## **Vision Statement**

**Children and the families who nurture them must be Barbour County's number one priority. Our vision is to help the residents of this county protect, nurture, educate, and support the development of their families, so that everyone's full potential is achieved. All residents of Barbour County will have access to quality services when they are needed and in the measure they are needed.**

## **Mission Statement**

**We will work as a planning and evaluation council in our county to see that collaborative efforts truly take place within the four major service delivery systems to integrate services where it is deemed in the best interests of the County to do so, as well as eliminate services that are duplicated or ineffective.**

**The Barbour County Resource Network, through annually assessing the community's healthcare, mental healthcare, educational and recreational opportunities, social services, and other pertinent areas of concern, will identify gaps in services. We will also identify needs for new services.**

**The Barbour County Family Resource Network will strive to improve outcomes for all children, families, and individuals by ensuring needed services are in place. We will also assure that the community's voice is heard and respected in the decision-making process.**

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## CHILDCARE

### **Mountain Heart Child Care Resources & Referrals**

304-265-0035

#### Kid Care Daycare

[gonzalesabby1@gmail.com](mailto:gonzalesabby1@gmail.com)

Abby Gonzales or Rose Norris

AB University

Philippi, WV 26416

304-457-5219

Mountain Heart Accepted



#### Karen Clifton

[karenclyton09@yahoo.com](mailto:karenclyton09@yahoo.com)

371 Briarpatch Rd

Philippi, WV 26416

304-613-8682

Mountain Heart Accepted

#### Shelia Daugherty

[sheliadaugherty45@gmail.com](mailto:sheliadaugherty45@gmail.com)

2607 Briarpatch Rd

Philippi, WV 26416

304-457-1812

Mountain Heart Accepted

#### Sarah Haddix

Lot 17 Angling Run Rd

Philippi, WV 26416

304-476-0620

Mountain Hart Accepted

#### Regina Daft

[srdaft@aol.com](mailto:srdaft@aol.com)

111 Mt Olive Rd

Philippi, WV 26416

304-457-1824

Mountain Heart Accepted

#### The Learning Tree

[Learningtree2017@yahoo.com](mailto:Learningtree2017@yahoo.com)

Katie Cox

641 S Main St

Philippi, WV 26416

304-931-1184

Mountain Heart Accepted

#### Erynn Poling

[rynneae@yahoo.com](mailto:rynneae@yahoo.com)

233 Lower Hackers Creek Rd

Philippi, WV 26416

304-641-9884

Mountain Heart Accepted

#### Diana Armstrong

[Hooch893@hotmail.com](mailto:Hooch893@hotmail.com)

20333 BC Highway

Philippi, WV 26416

304-457-1801

Mountain Heart Accepted

#### Maureen Lasky-Setchell

[mjvls4@hotmail.com](mailto:mjvls4@hotmail.com)

261 S Beverly Pike

Belington, WV 26250

304-823-8511

Mountain Heart Accepted

Faye Sandridge  
[Faylynn59@gmail.com](mailto:Faylynn59@gmail.com)  
1028 Horizon Ridge Rd  
Belington, WV 26250  
304-823-3147  
Mountain Heart Accepted

Michelle Foy  
[michellef66@frontier.com](mailto:michellef66@frontier.com)  
1541 Talbott Rd  
Belington, WV 26250  
304-823-2590  
Mountain Heart Accepted

Wee Train Christian Daycare  
[nccministry@sunlitsurf.com](mailto:nccministry@sunlitsurf.com)  
Kim Rice  
153 Church St  
Junior, WV 26275  
304-823-2911  
Mountain Heart Accepted

### FOSTER CARE

Genesis Foster Care & Adoption Services  
PO Box 546  
Clarksburg, WV 26302  
304-615-1289  
Fax: 304-623-9346

Mission WV  
1-866-225-5698  
[fosteradopt@missionwv.org](mailto:fosteradopt@missionwv.org)

Potomac Center  
304-538-8111

DHHR  
304-457-9030

### CLOTHING

Heart and Hand – Philippi  
Eric Roy – Manager  
[eric@heartandhandhouse.org](mailto:eric@heartandhandhouse.org)  
[www.heartandhandhouse.org](http://www.heartandhandhouse.org)  
38 S Walnut St  
Philippi, WV 26416  
304-457-3816

Heart and Hand – Belington  
Eric Roy – Manager  
[eric@heartandhandhouse.org](mailto:eric@heartandhandhouse.org)  
[www.heartandhandhouse.org](http://www.heartandhandhouse.org)  
206 Bridge St  
Belington, WV 26250  
304-823-2465

Hope's Mission Thrift Store  
[hoh@havenofhopewv.com](mailto:hoh@havenofhopewv.com)  
[www.havenofhopewv.com](http://www.havenofhopewv.com)  
19 N Main St

Philippi, WV 26416  
304-457-6888

## FOOD

### Heart and Hand Food Pantry

[www.heartandhandhouse.org](http://www.heartandhandhouse.org)

48 Mason St  
Philippi, WV 26416  
304-457-1295

### Haven of Hope Food Pantry

[hoh@havenofhopewv.com](mailto:hoh@havenofhopewv.com)

[www.havenofhopewv.com](http://www.havenofhopewv.com)

816 Hanger Rd  
Belington WV 26250  
304-823-3428

### Barbour County Senior Center

[www.bcsc.org](http://www.bcsc.org)

47 Church St  
Philippi, WV 26416  
304-457-4545

### Women, Infants, and Children Program (WIC)

Barbour County Health Dpt.  
Wednesday only  
109 Wabash Ave  
Philippi, WV 26416  
304-636-8100

### Meals on Wheels Program

304-457-4545

## EDUCATION

### Barbour County Board of Education

#### Barbour County Board of Education

[www.wvschools.com/barbourcountyschools](http://www.wvschools.com/barbourcountyschools)

45 School St  
Philippi, WV 26416  
304-457-3030  
Fax: 304-457-3559

#### Jeffery Woofter

Superintendent

[jwoofter@k12.wv.us](mailto:jwoofter@k12.wv.us)

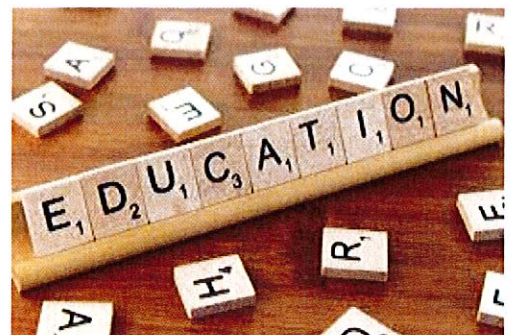
Ext 1022

#### Jeff Kittle

Assistant Superintendent

[jkittle@k12.wv.us](mailto:jkittle@k12.wv.us)

Ext 1033



Heather Bowen  
Secretary of Student Support Services  
[hbowen@k12.wv.us](mailto:hbowen@k12.wv.us)  
Ext 1032

Mike Ferguson  
Student Support Services/Technology  
[mferguson@k12.wv.us](mailto:mferguson@k12.wv.us)  
Ext 1021

Annette Hughart  
Treasure/Chief School Business Official  
[ahughart@k12.wv.us](mailto:ahughart@k12.wv.us)  
Ext 1034

Lisa Lepsch  
School Psychologist  
[llepsch@k12.wv.us](mailto:llepsch@k12.wv.us)  
Ext 1024

David Neff  
Director of Personnel/Attendance  
[dbneff@k12.wv.us](mailto:dbneff@k12.wv.us)  
Ext 1011

Homer Talbott  
Administrative Assistant/Personnel  
[ktalbott@k12.wv.us](mailto:ktalbott@k12.wv.us)  
Ext 1031

Kimberly Moats  
Secretary of Curriculum/Federal Programs  
[kdmoads@k12.wv.us](mailto:kdmoads@k12.wv.us)  
Ext 1026

Amanda Huff  
Payroll/Benefits  
[ahuff@k12.wv.us](mailto:ahuff@k12.wv.us)  
Ext 1036

Ronda Jones  
Exec. Secretary/Food Service Supervisor  
[rjones@k12.wv.us](mailto:rjones@k12.wv.us)  
Ext 1029

Connie Mundy  
Title I Director/Manager of C&I K-5  
[cmundy@k12.wv.us](mailto:cmundy@k12.wv.us)  
Ext 1025

Alex Pugh  
Accounts Payable  
[alex.pugh@k12.wv.us](mailto:alex.pugh@k12.wv.us)  
Ext 1035

Bus Garage  
Lisa Knight  
[lisa.knight@k12.wv.us](mailto:lisa.knight@k12.wv.us)  
350 Chestnut St  
Philippi, WV 26416  
304-457-1289

## **BARBOUR COUNTY SCHOOLS**

Head Start/Pre-K  
Karen MacDonald  
304-457-2181



Belington Elementary  
471 Morgantown Pike  
Belington, WV 26250  
304-823-1411  
Principal: Cindy Vance-Sigley  
[csigley@k12.wv.us](mailto:csigley@k12.wv.us)

Junior Elementary  
49 W First St  
Junior, WV 26275  
304-823-1200  
Principal: Ashley Workman  
[ashley.workman@k12.wv.us](mailto:ashley.workman@k12.wv.us)

Philippi Elementary  
547 Cherry Hill Rd  
Philippi, WV 26416  
304-457-4229  
Principal: Julie Bibey  
[jbibey@k12.wv.us](mailto:jbibey@k12.wv.us)

Phillip Barbour High School  
99 Horseshoe Dr  
Philippi, WV 26416  
304-457-1360  
Principal: Ron Keener  
[rkeener@k12.wv.us](mailto:rkeener@k12.wv.us)

Belington Middle  
469 Morgantown Pike  
Belington, WV 26250  
304-823-1281  
Principal: Mary Hovatter  
[mhovatter@k12.wv.us](mailto:mhovatter@k12.wv.us)

Kasson Elementary and Middle  
19 Kasson Rd  
Moatsville, WV 26405  
304-457-1485  
Principal: Dr. Teresa Marsh  
[trmarsh@k12.wv.us](mailto:trmarsh@k12.wv.us)

Philippi Middle  
611 Cherry Hill Rd  
Philippi, WV 26416  
304-457-2999  
Principal: Lisa Heinbaugh  
[lheinbaugh@k12.wv.us](mailto:lheinbaugh@k12.wv.us)

Career and Technical Education Center  
25 Horseshoe Dr  
Philippi, WV 26416  
304-457-4807  
Director: Tonya Ferguson  
[tferguso@k12.wv.us](mailto:tferguso@k12.wv.us)

## LIBRARIES

Philippi Public Library  
Director: Judy Larry  
91 S Main St  
Philippi, WV 26416  
304-457-3954  
Fax: 304-457-5569  
[philippi.lib.wv.us](http://philippi.lib.wv.us)

Belington Public Library  
Director: Tamela Smith  
88 Elliot Ave  
Belington, WV 26250  
304-823-1026  
Fax: 304-823-1026  
[belington.lib.wv.us](http://belington.lib.wv.us)



## ADDITIONAL EDUCATION OPPORTUNITIES

### Alderson Broaddus University (ABU)

101 College Hill Dr  
Philippi, WV 26416  
304-457-1700  
1-800-263-1549  
[www.abu.edu](http://www.abu.edu)

### WV Business College

116 Pennsylvania Ave  
Nutterfort, WV 26301  
304-624-7695

### Davis & Elkins College

100 Campus Dr  
Elkins, WV 26241  
304-637-1900  
1-800-624-3157  
[www.dewv.edu](http://www.dewv.edu)

### WV Wesleyan College

59 College Ave  
Buckhannon, WV 26201  
304-473-8000  
[www.wvwc.edu](http://www.wvwc.edu)

### Pierpont Community & Technical College

1201 Locust Ave  
Fairmont, WV 26554  
304-367-4907  
1-855-297-0999  
[www.pierpont.edu](http://www.pierpont.edu)

### Mountaineer Challenge Academy

### Fairmont State University

1201 Locust Ave  
Fairmont, WV 26554  
304-367-4892  
1-800-641-5678  
[www.fairmontstate.edu](http://www.fairmontstate.edu)

### WV University

1550 University Ave  
Morgantown, WV 26506  
304-293-0111  
[www.wvu.edu](http://www.wvu.edu)

### Salem International University

223 W Main St  
Salem, WV 26426  
304-728-5336  
[www.salemu.edu](http://www.salemu.edu)

### Human Resources Development Foundation

1644 Mileground  
Morgantown, WV 26505  
304-296-8223  
1-800-585-2347  
[www.hrdfwv.org](http://www.hrdfwv.org)

### American Foundation for the Blind

1108 Third Ave Ste 200  
Huntington, WV 25701  
304-822-4800  
1-800-232-5463  
[www.afb.org](http://www.afb.org)

### Opportunities Industrialization Center

1001 Army Rd – Camp Dawson  
Kingwood, WV 26537  
304-329-2118  
[www.wvchallenge.org](http://www.wvchallenge.org)

Clarksburg Beauty Academy  
120 S Third St  
Clarksburg, WV 26301  
304-624-6475  
[www.clarksburgbeautyacademy.com](http://www.clarksburgbeautyacademy.com)

(OIC)  
120 Jackson St  
Fairmont, WV 26554  
304-366-8142  
[www.oictrainingacademy.org](http://www.oictrainingacademy.org)

Morgantown Beauty College  
276 Walnut St  
Morgantown, WV 26505  
304-292-8475  
[www.morgantownbeautycollege.edu](http://www.morgantownbeautycollege.edu)

## EMPLOYMENT SERVICES

Clarksburg Job Service/Unemployment Office  
153 W Main St Ste B  
Clarksburg, WV 26301  
304-627-2125  
[www.workforcewv.org](http://www.workforcewv.org)

Elkins Job Service/Unemployment Services  
1023 N Randolph Ave  
Elkins, WV 26241  
304-637-0257  
[www.workforce.org](http://www.workforce.org)

Manpower  
110 Tolley Dr Ste 1  
Bridgeport, WV 26330  
304-842-5419  
[www.us.manjobs.com](http://www.us.manjobs.com)

## US POST OFFICES

Belington  
801 Crim Ave  
Belington, WV 26250  
304-823-1269

Junior  
204 Beach St  
Junior, WV 26275  
304-823-1640

Galloway



Flemington  
42 E Veterans Memorial Hwy  
Flemington, WV 26347  
304-739-2440

Philippi

5130 Galloway Rd  
Galloway, WV 26349  
304-739-2320

Moatsville  
13205 Morgantown Pike  
Moatsville, WV 26405  
304-457-1787

Federal Express  
1-800-463-3339

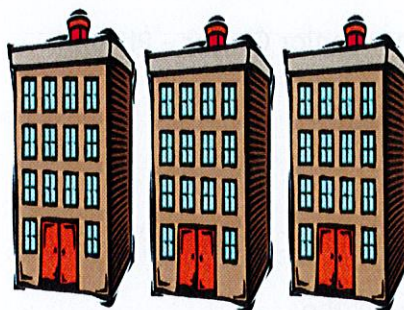
105 Railroad St  
Philippi, WV 26416  
304-457-2376

Volga  
14271 Audra Park Rd  
Volga, WV 26283  
304-457-1820

United Parcel Service  
1-800-742-5877

## HOUSING

WV Coalition to End Homelessness  
929 W Main St  
PO Box 4697  
Bridgeport, WV 26330  
833-722-2014  
[info@wvcoh.crs](mailto:info@wvcoh.crs)



Homeless Shelter – Clarksburg Mission  
312 N Fourth St  
Clarksburg, WV 26301  
304-622-2451  
[cpmut@gmail.com](mailto:cpmut@gmail.com)

Randolph County Housing Authority (HUD)  
1404 N Randolph Ave  
Elkins, WV 26241  
304-636-6495  
[info@rchawv.org](mailto:info@rchawv.org)

Homeless Shelter – Randolph County  
938 S Davis Ave  
Elkins, WV 26241  
304-636-5193  
[www.ncwvca.org/homeless.htm](http://www.ncwvca.org/homeless.htm)

Scott's Place  
215 Scotts place Marian  
Fairmount Wv 26554  
304-366-6543

## BELINGTON AREA

Laurel View Apts.  
71 Samaritan Circle  
Belington, WV 26250  
304-823-2555

## PHILIPPI AREA

Baughman Towers  
[baughmantowers@ccinveter.com](mailto:baughmantowers@ccinveter.com)  
66 Baughman St  
Philippi, WV 26416  
304-457-5193

Pine Brooke Apts.  
100 Dayton Park Rd  
Philippi, WV 26416  
304-364-2330 Ext 305

Maple Terrace Apts.  
601 Maple Ave  
Philippi, WV 26416  
304-457-1666

Hayden Green Apts.  
43 Hayden Dr  
Philippi, WV 26416  
304-491-7864

### SENIOR SERVICES

Barbour County Senior Center – Philippi  
47 Church St  
Philippi, WV 26416  
304-457-4545

Barbour County Senior Center – Belington  
305 Crim Ave  
Belington, WV 26250  
304-823-3797



### MEDICAL SERVICES

Belington Medical Clinic  
70 N Sturmer St  
Belington, WV 26250  
304-823-2800  
[www.barbourhealth.org](http://www.barbourhealth.org)

Myers Clinic  
#3 Healthcare Dr.  
Philippi Wv 26416  
304-457-2800  
[www.barbourhealth.org](http://www.barbourhealth.org)



Barbour County Chiropractor Center  
206 S Main St  
Philippi, WV 26416  
304-457-4900  
[gbackerjr@yahoo.com](mailto:gbackerjr@yahoo.com)

Barbour County Family Medicine  
14032 Barbour County Hwy  
Philippi, WV 26416  
304-457-5744

Barbour County Health Department  
109 Wabash Ave  
Philippi, WV 26416  
304-457-1370 or 304-457-1670  
[www.barbourhealth.org](http://www.barbourhealth.org)

Ruby Memorial Hospital  
Medical Center Dr  
Morgantown, WV 26505  
304-598-4400  
[www.wvunitedhealthsystem.org](http://www.wvunitedhealthsystem.org)

St. Joseph's Hospital  
1 Amelia Dr  
Buckhannon, WV 26201  
304-473-2000  
[www.stj.net](http://www.stj.net)

Women's Healthcare  
#6 Healthcare Dr  
Philippi, WV 26416  
304-457-3291  
[www.womenshealthcare.com](http://www.womenshealthcare.com)

Broadus Hospital  
#1 Healthcare Dr  
Philippi, WV 26416  
304-457-1760  
[www.davishealthsystem.org](http://www.davishealthsystem.org)

Davis Memorial Hospital  
812 Gorman Ave  
Elkins, WV 26241  
304-636-3300  
[www.davishealthsystem.org](http://www.davishealthsystem.org)

Mon General Hospital  
1200 JD Anderson Dr  
Morgantown, WV 26505  
304-598-1200  
[www.mongeneral.com](http://www.mongeneral.com)

United Hospital Center  
327 Medical Park Dr  
Bridgeport, WV 26330  
681-342-1000  
[www.uhcev.org](http://www.uhcev.org)

VA Medical Center  
1 Medical Center Dr  
Clarksburg, WV 26301  
304-623-3461  
[www.clarksburgva.gov](http://www.clarksburgva.gov)

## Therapy Services

Broadus Total Therapy  
#1 Healthcare Dr  
Philippi, WV 26416  
304-457-8585

WellSmart  
22 Columbia St  
Philippi, WV 26416  
304-476-9355

Elkins Physical Therapy Services  
1035 Fraternal Cemetery Rd  
Belington, WV 26250  
304-823-1628

Good Samaritan  
216 Samaritan Circle  
Belington, WV 26250  
304-823-2555  
[www.good-sam.com](http://www.good-sam.com)

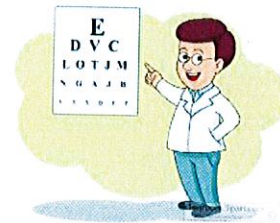
### HOSPICE SERVICES

West Virginia Caring  
PO Box 760  
Arthurdale, WV 26520  
304-864-0884  
1-800-350-1161  
Info: 1-866-656-9790  
[www.wvcaring.org](http://www.wvcaring.org)

Mountain Hospice  
1002 S Crim Ave  
Belington, WV 26250  
304-823-3922  
1-888-763-7789  
[www.mountainhospice.com](http://www.mountainhospice.com)

### OPTOMETRISTS

Dr. Stanley Toompas  
#7 Healthcare Dr  
Philippi, WV 26416  
304-457-5315



### DENTISTS

Dr. A. Lamarr Weese  
271 Brown Ave  
Belington, WV 26250  
304-823-3186  
Accepts most insurances



### PHARMACIES

Mace's Pharmacy – Belington/Philippi  
204 S Crim Ave/440 S Main St  
Belington, WV 26250/Philippi, WV 26416

Rite Aid/Walgreens  
114 S Main St  
Philippi, WV 26416

304-823-1001/304-457-4233  
[www.macespharmacy.com](http://www.macespharmacy.com)  
Accepts most insurances  
Open Monday through Friday 9AM-6PM  
Saturday 9AM – 3PM  
Emergency callouts outside regular hours

304-457-4911  
[www.walgreens.com](http://www.walgreens.com)  
Accepts most insurances  
Open Monday through Friday 9am-9pm  
Saturday 9am-6pm/Sunday 10am-6pm

## VETERAN'S SERVICES

Veterans of Foreign War #410  
202 Watkins St  
Belington, WV 26250  
304-823-1568  
[rbqm410@frontier.com](mailto:rbqm410@frontier.com)

American Legion Post #44  
44 ½ S Main St  
Philippi, WV 26416  
304-457-0801  
[www.americanlegionpostwv.com](http://www.americanlegionpostwv.com)

American Legion Post #96  
PO Box 836  
Belington, WV 26250  
304-823-2326 (residence) Commander Ralph Baumgardner  
304-457-1991 (residence) Commander Richard Marsh  
[www.americanlegionpostwv.com](http://www.americanlegionpostwv.com)



## HOME HEALTH

Barbour County Home Health  
109 Wabash Ave  
Philippi, WV 26416  
304-457-3315

Panhandle Support Services  
218 Third St  
Elkins, WV 26241  
304-636-5195

## PERSONAL CARE AGENCIES

Res-Care  
1200 Harrison Ave Ste 1000

Companion Care  
203 Fourth St

Elkins, WV 26241  
304-636-7930

Elkins, WV 26241  
304-636-6773

Northern WV for Independent Living

109 Randolph Ave  
Elkins, WV 26241  
304-636-0143  
1-866-262-2875

Panhandle Support Services

218 Third St  
Elkins, WV 26241  
304-636-5195

Hometown Care

12 S Crim Ave  
PO Box 92  
Belington, WV 26250  
304-823-3192

Mountaineer Homecare

1859 A Beverly Pike  
Elkins, WV 26241  
304-636-5252  
Offers homemaker assistance

Coordinating Council for Independent Living (CCIL)

501 Wilson Ln Ste 3  
Elkins, WV 26241  
304-636-9393  
1-800-834-8060  
Offers waiver and veteran's assistance

**EMERGENCY ASSISTANCE**

911 Communication Center

111 Overlook Dr  
Philippi, WV 26416  
304-457-5167 (non-emergency)

Dept. of Health and Human Resources

271 Mattaliano Dr  
Philippi, WV 26416  
304-457-9030  
[www.wvdhhr.org](http://www.wvdhhr.org)

Heart and Hand

48 Mason St  
PO Box 128  
Philippi, WV 26416  
304-457-1295  
[www.heartandhandhouse.org](http://www.heartandhandhouse.org)

North Central Community Action

15968 BC Highway

Salvation Army

111 Beech St





PO Box 279  
Philippi, WV 26416  
304-457-3420  
[www.ncwvaa.org](http://www.ncwvaa.org)

Grafton, WV 26354  
304-265-3565  
[www.uss.salvationarmy.org](http://www.uss.salvationarmy.org)

Women's Aid in Crisis  
84 S Main St  
Philippi, WV 26416  
304-457-5020  
304-636-8433  
[www.waic.com](http://www.waic.com)

Catholic Community Services  
17 W Washington St  
Grafton, WV 26354  
304-265-3091  
Open Tuesdays and Thursdays  
9 am – 2:30 pm

## **MENTAL/BEHAVIORAL HEALTH**

**Suicide Prevention Lifeline/Veteran's Line**

1-800-273-8255

Appalachian Community Health  
124 Greystone Ct  
Belington, WV 26250  
1-888-357-3232  
304-823-3873 – Barbour Co.  
304-636-3232 – Randolph Co.  
304-472-2022 – Upshur Co.  
304-478-2764 – Tucker Co.  
[www.achcinc.org](http://www.achcinc.org)

Clarksburg Sober Living  
189 E Pike St.  
Clarksburg, WV 26301  
304-709-7900  
304-266-6610  
[www.cburgmission.org](http://www.cburgmission.org)

Senior Life Solutions  
6 Healthcare Dr Ste 3  
Philippi, WV 26416  
304-457-8132  
[www.davishealthsystem.org](http://www.davishealthsystem.org)

Circle of Caring/BC Health Dept.  
109 Wabash Ave  
Philippi, WV 26416  
304-457-1670  
[www.barbourhealthwv.com](http://www.barbourhealthwv.com)

Chestnut Ridge Center/Hospital  
930 Chestnut Ridge Rd  
Morgantown, WV 26505  
304-598-6400  
[www.chestnutridgehospital.com](http://www.chestnutridgehospital.com)

John D. Good Recovery Center  
Behavior or Chemical Dependence  
100 Hopemont Dr  
Terra Alta, WV 26764  
304-789-3143  
Fax: 304-791-3404

Highland – Clarksburg Hospital

3 Hospital Dr  
Clarksburg, WV 26301  
304-969-3100  
1-800-250-3806  
[www.highlandclarksburghospital.com](http://www.highlandclarksburghospital.com)

Sharpe Hospital

936 Sharpe Hospital Rd  
Weston, WV 26452  
304-269-1210  
[www.dhhr.wv.gov/bhhf/facilities](http://www.dhhr.wv.gov/bhhf/facilities)

Oxford House

447 S Chestnut St  
Clarksburg, WV 26301  
304-989-2532  
[www.oxfordhouse.org](http://www.oxfordhouse.org)

Valley Healthcare System

301 Scott Ave  
Morgantown, WV 26508  
304-296-1731  
Crisis Hotline 1-800-232-0020  
[www.valleyhealthcare.org](http://www.valleyhealthcare.org)

Teen Challenge

PO Box 4253  
Clarksburg, WV 26302  
304-933-3209  
[www.teenchallenge.com](http://www.teenchallenge.com)

Addiction & Trauma Recovery LLC

120 Mountainview Cemetery Rd  
Belington, WV 26250  
304-823-2441

1-844-HELP4WV

Mental Health Program  
Substance Abuse & Behavior Health  
PO Box 3324  
Charleston, WV 7498

United Hospital Center

#6 Hospital Plaza  
Clarksburg, WV 26301  
304-623-5661  
1-800-786-6476  
[www.uscwv.org](http://www.uscwv.org)

Anchor Recovery Solutions

1024 Rainbow Rd  
Bridgeport, WV 26330  
304-808-1078  
[www.anchorrecoveryolutions.com](http://www.anchorrecoveryolutions.com)

Jacob's Ladder

25208 George Washington Hwy  
Aurora, WV 26705  
304-239-1214  
[www.jacobsladderbrookside.com](http://www.jacobsladderbrookside.com)

Youth Health Services

971 Harrison Ave  
Elkins, WV 26241  
304-636-9450  
Office in Belington  
[www.youth-health.org](http://www.youth-health.org)

United Summit Center

#6 Hospital Plaza  
Clarksburg, WV 26301  
304-623-5661  
[www.uscwv.org](http://www.uscwv.org)

Bridges – Behavioral Medicine Program

1 Hospital Plaza  
Grafton, WV 26350  
304-265-7090

Positive Behavior Support Project

Center for Excellence in Disabilities  
959 Hartman Run Rd  
Morgantown, WV 26505  
1-855-558-4296

1-844-435-7498  
[www.help4wv.com](http://www.help4wv.com)

304-293-7294  
[www.pbs.sedwvu.org](http://www.pbs.sedwvu.org)

## ECONOMIC DEVELOPMENT

Economic Development Authority of Barbour Co  
33 S Main St  
Philippi, WV 26416  
304-457-1225  
[www.bcdawv.org](http://www.bcdawv.org)

Barbour County Chamber of Commerce  
101 College Hill Rd  
Philippi, WV 26416  
304-457-1958  
[www.barbourchamber.org](http://www.barbourchamber.org)

## COMMUNITY SUPPORT SERVICES

Family Resource Network  
84 S Main St  
Philippi, WV 26416  
304-457-2691

World Vision  
259 Chestnut St  
Philippi, WV 26416  
304-457-6612 or 304-457-5270  
[www.worldvisionusprograms.org](http://www.worldvisionusprograms.org)

Heart and Hand  
48 mason St  
Philippi, WV 26416  
304-457-1295  
[www.heartandhandhouse.org](http://www.heartandhandhouse.org)

Garden Market  
107 S Main St  
Philippi, WV 26416  
304-457-5774

Parents as Teachers  
84 S Main St  
Philippi, WV 26416  
304-457-2691

Salvation Army  
111 Beech St  
Grafton, WV 26354  
304-265-3565

WVU Extension Office  
16348 Barbour County Hwy  
Philippi, WV 26416  
304-457-3254  
[www.bcwvextension.wvu.edu/barbour](http://www.bcwvextension.wvu.edu/barbour)

Right from the Start  
1368 Anmore Rd STE 102  
Bridgeport, WV 26330  
304-624-7979  
Fax: 304-624-7987

WV Healthy Start Fatherhood Project  
PO Box 9186  
Morgantown, WV 26506  
304-293-3840  
1-866-738-HAPI (4274)

WV Healthy Start Hapi Project  
Helping Appalachian Parents & Infants  
PO Box 9186  
Morgantown, WV 26506  
304-493-3840  
1-866-738-HAPI (4274)

## PEER LEAD SUPPORT GROUPS

### AA

84 S Main St  
Philippi, WV 26416  
304-457-2691  
Wednesdays at 12 pm

### AA

208 N Strummer St  
Belington, WV 26250  
Contact: Lynn L.  
304-439-4488  
Saturdays at 3 pm

### Hope and Recovery

Family Resource Network  
84 S Main St  
Philippi, WV 26416  
304-457-2691  
Fridays at 8 pm

### AA

200 Pike St  
Philippi, WV 26416  
304-457-1123  
Thursdays at 8 pm

### Celebrate Recovery

107 Church St  
Philippi, WV 26416  
Contact: Emily Casto  
304-457-3206  
Mondays 6:30 to 8:30

### Hope and Recovery

Faith Deliverance Ministries Church  
Belington, WV 26250  
304-517-4808  
Wednesdays at 6 pm

## TRANSPORTATION

### Here and There Transit

Wheelchair Accessible  
336 Mansfield Dr  
Philippi, WV 26416  
304-457-1818  
[www.hereandtheretransit.com](http://www.hereandtheretransit.com)

### Veteran's Transportation

Louis A. Johnson Center  
1 Medical Center Dr  
Clarksburg, WV 26301  
304-623-3461  
1-800-733-0512 Ext 7623



## PETS

Animal Friends of Barbour County  
23 Valley Bend Rd  
Belington, WV 26250  
304-823-2012  
[www.afobcwv.org](http://www.afobcwv.org)



Barbour County Animal Shelter  
Rt 250  
Belington, WV 26250  
304-823-1065  
[www.animalshelter.com](http://www.animalshelter.com)

Circle M Pet Motel  
2621 Arden Rd  
Philippi, WV 26416  
304-457-2275  
[www.circlempetmotel.com](http://www.circlempetmotel.com)

Audubon Animal Clinic  
15702 Barbour County Hwy  
Philippi, WV 26416  
304-457-3512  
[www.audubonanimalclinic.com](http://www.audubonanimalclinic.com)

Chiodo Kennels  
611 Mt Liberty Rd  
Philippi, WV 26416  
304-457-5522  
304-613-2255  
[www.chiodokennels.com](http://www.chiodokennels.com)

## UTILITIES

### Cable & Satellite Services

City of Philippi  
108 N Main St  
Philippi, WV 26416  
304-457-3700

Dish Network  
1-877-375-1012

Direct TV  
1-888-866-3008

Shentel Communications  
304-269-6132



1-800-409-1203  
Junior & Belington Area Only

### Electricity

City of Philippi  
108 N Main St  
Philippi, WV 26416  
304-457-3700

Mon Power/First Energy  
1-800-686-0022

### Internet/Telephone Services

Frontier  
1-866-226-5170

Sudden Link  
1-877-778-2486

Sprint  
1-877-405-1490

US Cellular  
1-888-289-8722

AT&T  
1-800-331-0500

Micrologic  
1-866-395-6442

Shentel (Belington Area Only)  
1-800-743-6835 or 304-269-6132  
[www.shentel.com](http://www.shentel.com)

### Natural Gas/Fuel

Sothern States  
304-457-2441  
42 Depot St  
Philippi, WV 26416

Mountaineer Gas  
1-800-834-2070

### Garbage Collection

City of Philippi  
304-457-3700  
108 N Main St  
Philippi, WV 26416

Stewart Sanitation  
304-823-2558  
415 Morgantown Pike  
Belington, WV 26250

### Water

City of Belington  
304-823-1611

City of Philippi  
304-457-3700

Central Barbour PSD

Century-Volga PSD

304-457-4026

Chestnut Ridge PSD

304-457-4935

South-Western Water District (Flemington Area)

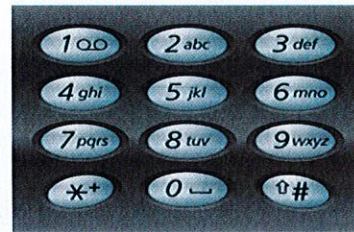
304-739-2418

304-457-5735

City of Junior

304-823-1829

## EMERGENCY & HOTLINE NUMBERS



## Statewide & National Agencies

Abortion Alternatives & Crisis Pregnancy Center

1-800-421-4673

Adult Education (Literacy)

1-800-642-2670

Alcohol Help Line

1-800-252-6465

Alcoholic Beverage Control Commission

1-800-642-8208

Alzheimer's Disease & Related Disorders

1-800-272-3900

American Diabetes Association

1-800-342-2383

American Kidney Fund

1-800-638-8299

American Thyroid Association

Adult Abuse Hotline

1-800-352-6513

AIDS Information Hotline

1-800-642-8244

Alcoholics Anonymous (AA)

1-800-333-5051

Al-Anon Family Headquarters

1-800-356-9996

American Cancer Society

1-800-227-2345

American Heart & Stroke Association

1-800-926-4278

American Lung Association

1-800-586-4872

Attorney General's Office

1-800-849-7643

Auto Safety Hotline

1-800-829-4477

Beech-Nut Nutritional Corp

1-800-523-6633

Birth to Three (WV)

1-800-449-7790

Cancer Information Service

1-800-422-6237

Child Abuse & Neglect

1-800-352-6513

Counsel of Three Rivers American Indian Center

1-800-985-8721

Consumer Credit Counseling

304-485-3141

Department of Special Education

1-800-642-8541

Division of Tourism

1-800-225-5982

Down Syndrome Congress

1-800-232-6372

Easter Seals Rehab Center

1-800-677-1390

Eye Care American Program

1-800-222-3937

Federal Communication Commission

1-888-225-5322

Federal Tax Information

1-800-829-1040

1-800-368-8808

Automated Refund (IRS)

1-800-523-6633

Birthright

1-800-550-4900

Boy's Town Hotline

1-800-448-3000

Center for Substance Abuse

1-800-662-4357

Consumer Products Safety

1-800-638-2772

Court of Claims

1-877-562-6878

Department of Highways

1-800-642-9292

Department of Transportation (DMV)

1-800-642-9066

Domestic Abuse Hotline

1-800-352-6513

Dyslexia Information Line

1-800-222-3123

Epilepsy Foundation of America

1-800-332-1000

Family Planning

1-800-642-8522

Federal Student Aid Information

1-800-333-4636

Federal Tax Form

1-800-829-3676



Federal Tax Information and Assistance  
1-800-829-4059 (TDD)

Golden Mountaineer Care  
1-877-987-3646

Health & Human Services  
1-800-860-6005  
Hearing & Speech, National Association  
1-800-638-8255

HIV-AIDS Treatment Information  
1-800-448-0440

Internal Revenue Service (IRS)  
1-800-829-1040  
Local Number: 304-842-5871

Job Corps  
1-800-733-5627

Federal Bureau of Investigation  
304-624-6200

Federal Black Lung Office  
1-800-347-3451

Legal Services  
1-866-255-4370

Library Services – Handicapped  
1-800-642-8674

Lottery Commission  
1-800-982-2274

Motor Vehicles, WV Dept. of  
1-800-642-9066

National Adolescent Suicide & Veteran's Crisis Line  
1-800-784-2433

National AIDS Information (CDC)  
1-800-862-3678

Food Stamps  
1-800-642-8589

Governor's Office  
1-888-438-2731

Health South (Rehab Hospital)  
1-800-860-6005  
Herpes Resource Center  
1-800-230-6039

Housing Authority (HUD)  
1-800-637-7464

Job Accommodation Service  
1-800-526-7234

Drug Enforcement Administration  
304-423-3700

FBI WV Complex  
304-625-2000

Mine & Safety Administration  
304-842-0610

Library Commission  
1-800-642-9021

Literacy Volunteers  
1-800-642-2670

Make-A-Wish  
1-800-722-9474

Narcotics Anonymous  
1-800-766-4442

National Adoption Center  
1-800-862-3678

National Child Abuse Hotline  
1-800-422-4453

National Center for Missing & Exploited Children  
1-800-843-5678

National Child Safety Council  
1-800-422-4453

National Domestic Violence Hotline  
1-800-799-7233

National Headache Council  
1-800-843-2256

National Health Information  
1-800-336-4797

National Jewish Health  
1-800-222-5864

National Runaway Hotline  
1-800-642-4000

Organ Donation (Kidneys)  
1-800-528-2971

Organizations for Rare Disorders  
1-800-999-6673

Parent Training and Information  
1-800-281-1436

Parkinson's Foundation  
1-800-327-4545

Peace Corp  
1-855-855-1961

Pesticide Hotline  
1-800-858-7378

Poison Control  
1-800-642-3625  
1-800-222-1222

Public Service Commission (Utilities)  
1-800-642-8544

Rape & Sexual Assault  
1-800-656-4673

Rehabilitation Services  
1-800-642-8207

Runaway Hotline  
1-800-786-2929

School Board Association  
1-800-642-9233

Shriner's Hospital for Children  
1-800-873-5437

Sickle Cell Disease  
1-800-421-8453

SIDS Center for Preventions  
1-800-221-7437

Special Olympics  
1-202-628-3630

STD/AIDS Prevention  
1-800-273-8255

Suicide Counseling Helpline  
1-800-468-1359

Teachers Retirement Board  
1-800-642-8509

Toll Free Directory Assistance  
1-800-555-1212

United Way  
1-800-540-8659

US Attorney's Office  
304-627-7030 or 304-636-1739

US Division of Meat & Poultry  
1-800-535-4555

VD Hotline  
1-800-227-8922

Veteran's Affairs, VA Medical Center  
304-623-3461

Veteran's National Cemetery (WV)  
304-265-2044

Vital Records (WV)  
304-558-2831

WV Parenting Class (Court Ordered)  
304-685-9608

WV Prescription Drug Abuse Quit Line  
1-866-987-8488

WV Social Work Board  
304-400-4980

WV State Legislature  
1-877-565-3447

Women's Health Center (WV)  
1-800-642-8670

### **BARBOUR COUNTY PHONE NUMBERS**



### **Ambulance Services**

Belington  
304-823-2010

Barbour County  
304-457-2037

### **Fire Departments**

Belington  
304-823-1234

Junior  
304-823-1656

Philippi  
304-457-1234

### **Law Enforcement**

Sheriff Department

DNR Wildlife Division

304-457-2352

State Police  
17 Bear Run Rd  
Philippi, WV 26416  
304-457-1101  
Philippi City  
304-457-3700

304-825-6983

Belington City  
304-823-1611

Junior City  
304-823-1829

**Emergency 911**

Non-Emergency Number  
304-457-5167

**Mayor's Offices**

Belington  
Matt Ryan  
PO Box 926  
Belington, WV 26250  
304-823-1611

Junior  
Gary Miller  
PO Box 247  
Junior, WV 26275  
304-823-1829

Philippi  
Phil Bowers  
PO Box 460  
Philippi, WV 26416  
304-457-3700

**BARBOUR CO COUNTY OFFICES**



Assessor's Office  
304-457-2336

Circuit Clerk's Office  
304-457-4715

County Clerk  
304-457-2232

County Reporter  
304-457-4565

Sheriff's Office  
304-457-2352

Probation Office  
304-265-0351

Family Court  
304-457-3483

Community Corrections  
304-457-4715

Prosecuting Attorney  
304-457-1811  
Fax: 304-457-4769

Magistrate Clerk  
304-457-3676

Tax Office  
304-457-2881

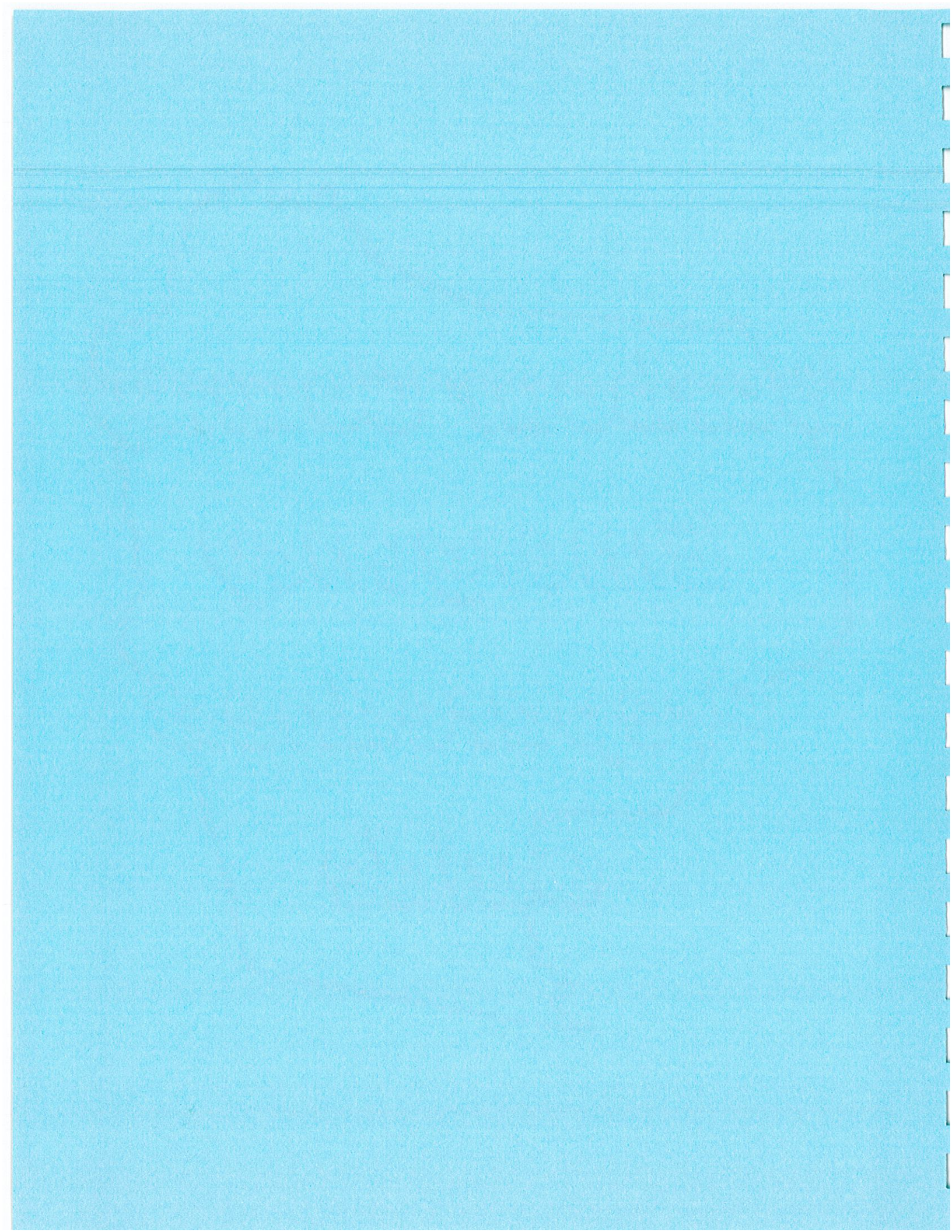


*Barbour County*

*Emergency*

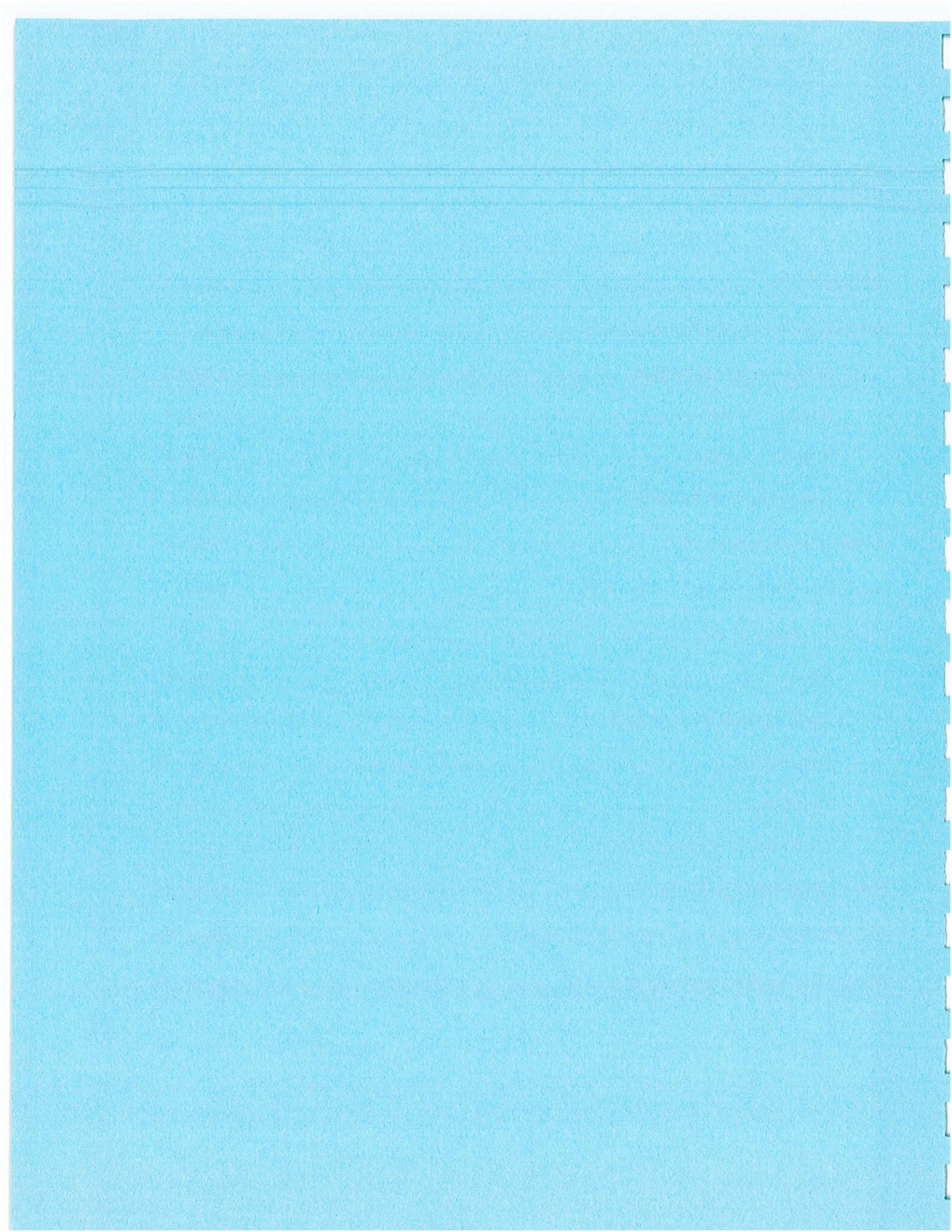
*Preparedness*

*Guide*



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## **Introduction**

### **Who we are and what we do.**

We are the Barbour County Office of Emergency Management. Our mission is **“To Strengthen Barbour County’s ability to readily, effectively and efficiently prepare for, respond to, recover from, and mitigate against all types of natural and man-made emergencies and disasters through coordinating resources of the County, State, and Federal agencies.”** The Barbour County Commission has put us in the lead role for each of the four phases in Emergency Management: **Preparedness, Response, Recovery, and Mitigation.**

In preparedness, we work with other community groups and leaders in educating the community on how they can become prepared for disasters or emergencies. We coordinate the development and maintenance of a county-wide Emergency Operation Plan. This plan delegates responsibilities to agencies and organizations in times of disasters and establishes priorities for local governments to follow.

The Barbour County OEM work with local, state and federal agencies on training events in our community to better prepare our local First Responders for large events. We then test the plans and learn from the experience to better prepare for possible disasters in the future. We work with individuals, business, and groups to develop methods for mitigating or lessening the effects of a disaster.

***Anything can happen at any time***, even in Barbour County. This section is intended to provide our community with a guide to preparing themselves for emergencies. Being ready before disasters affect your area is the most critical action you, as a citizen, can take to protect the things that matter most: your family, your pets, your home, and yourselves.

On average, First Responders only make up 1% of the population. You can’t always expect that Fire Fighters or Paramedics will be available. Sometimes you will need to rely on yourself. Look through this insert and adopt some preparedness suggestions. Even small changes in your planning can make a big difference.

### **Four Steps towards Preparedness**

The following sections provide tips, tools and resources for taking steps to protect your family. Build an emergency plan, prepare your home, prepare to evacuate, and improve financial preparedness.

It is easy to take just one step toward getting your family prepared for an emergency. For instance, you can go check your smoke alarm right now, or talk to your family at dinner tonight about where your meeting place should be. Instead of taking one step, we hope you will make progress in four areas.

#### **1. Step One: Building Your Plan**

One of the most effective ways to prepare your family for a disaster is to create a family emergency plan. Meet with your family to discuss why you need to prepare and explain the dangers of fire, severe weather and floods to children. Use the tips and tools provided below to create a family emergency plan.

##### **A. Create a Communications Plan.**

- You should choose an out of town emergency contact for your family. This person should live in a place that is unlikely to be directly affected by the same event. Let this person know that you have chosen them.
- Make sure every household member has all telephone numbers and e-mail addresses for that contact as well as each other.

- Leave these contact numbers at your children's schools and at your workplace.
- Your family should know that if landline or cellular telephones are not working, they need to be patient and try again later, or try to email. Many people flood the telephone system when emergencies happen but texts can sometimes get through when calls can't.

#### **B. Have Two Pre-Identified Meeting Places.**

- Choose a specific outside location on or very near to your property in case of a sudden emergency, like a house fire.
- Pick a place outside your neighborhood in case you can't return home. Everyone should know the address and phone number and how to get there.
- Having a set meeting place away from your home will save time and minimize confusion should your home be affected or the area evacuated. You may even want to make arrangements to stay with a family member or friend in case of an emergency.
- Be sure to include pets in your plans, since pets are not always permitted in shelters or hotels.
- Don't be afraid to talk to your children about preparing for different types of disasters. Kids are better able to handle the stress of a crisis when they know what to expect.

#### **C. Inform Yourself.**

- Find out about the emergency plans where your family spends their time; places such as work, school, church, etc. Have plans in place to communicate with and pick up family members in case of an emergency.

#### **D. Work with Your Neighbors.**

- Neighbors helping neighbors can save lives and property. Talk to your neighbors to plan how you can work together after a disaster until help arrives. If you're a member of a neighborhood organization, such as a home association or crime watch group, introduce emergency preparedness as a new activity.
- Discuss how you can work together to handle natural disasters. Talk about how you can share resources. Know your neighbors' special skills (medical, technical and others). Consider how you can help neighbors with special needs, such as disabled and elderly persons. Develop a way to stay in touch with them as well.

#### **E. Emergency Supplies**

- Your emergency kit should contain non-perishable food, water and essential supplies for at least three days. Keep this kit in a designated place and have it ready in case you have to leave you home quickly. Store your kit in easy-to-carry containers like backpacks, duffel bags, or covered plastic containers. Replace supplies periodically when needed. Keep important family documents in a water proof and fire proof container, or bank safety deposit box. Make sure all family members know where the kit is kept.

## **2. Step Two: Your Home**

Your home is your refuge. It is important to store the things you need in advance of any emergency or crisis situation. You may need to survive on your own during a winter storm, shelter in place during a chemical emergency, or provide your own care if first responders are needed elsewhere.

Keeping enough water and food on hand for your family is part of the equation. Adding light, heat and comfort items can reduce stress and anxiety during an incident. Review the guidelines that follow and adopt as many tactics as possible to get your home ready.

#### **A. Water**

- You will need water to drink, fix meals and to wash. Store at least one gallon of water per person/per day for each member of you family. Don't forget water for your pets. Keep your water in a very clean plastic, glass, fiberglass or enamel-lined metal containers. Never use a container that has held poison. Plastic soft drink bottles work well for water storage. You can also buy food-grade plastic buckets or drums. Close water containers tightly, date them and keep in a cool, dark place. Change this water with fresh water every six months.

#### **B. Food**

- You don't need to go out and buy special foods to prepare your emergency food supply. You can use the canned foods and other staples (peanut butter, crackers, etc.) in your cupboard. In fact, familiar foods are important. They can lift spirits and give a feeling of security in times of stress. Also, many canned foods don't need cooking, water or special preparation. Just be sure to have an adequate supply and a manual can opener.

#### **C. Special Considerations**

- People with special diets and allergies will need more attention, as will babies, toddlers and elderly people. Nursing mothers may need to give their baby liquid formula in case they can't nurse. Canned dietetic foods, juices and soups may be helpful for ill or elderly people. Don't forget food for your pets.

#### **D. Heat and Light**

- Have lots of flashlights, extra batteries and bulbs on hand. Keep a flashlight next to your bed. Check batteries often. Be careful using open flame candles or lanterns for emergency lighting.
- If you plan to use alternate equipment for heat, cooking and light during a power failure, be sure to check your equipment periodically. Have an adequate supply of fuel stored (not in the house). Have fireplace chimneys and stove flues cleaned regularly.

#### **E. Pharmacies, Medication and General Health**

- Even though your drugstore keeps its records on computers, have your doctor write out additional prescription so you can have an extra supply.
- Keep a family medical inventory. List all medications used by family members as well as any necessary supplies such as needles or alcohol swabs. For each family member list medical conditions, allergies and medical devices needed to maintain health care. List the last dates of immunizations for adults and children.

#### **F. Fire Safety**

- Practice home fire drills. Make sure all family members know the outside meeting place and how to get out quickly.
- Store any gas cans or other flammable liquids away from the house. Always keep an ABC fire extinguisher close at hand and learn how to use it.
- Examine your smoke and carbon monoxide alarms now. If you have alarms that are hard-wired into your home's electrical system (most newer ones are), check to see if they have battery back-ups. If not, buy battery-operated smoke and carbon monoxide detectors. If you already have detectors, clean and test them. Working smoke detectors can double you chances of survival. Replace all batteries in all alarms each year.

#### **G. Utilities**

- Locate the main electric fuse box, water service meter or main intake pipe, and natural gas meter. Learn how and when to turn these utilities off. Teach all responsible family members how to do these things as well.
- Remember; turn off the utilities only if you suspect the lines are damaged or if you are instructed to do so. If you turn the gas off, you will need a professional to turn it back on for use.
- If you have your own septic system for sewage, make sure your treatment schedule is up-to-date.

#### **H. Preventing Flood Damage**

- If your property has flooded in the past, consider strategies to mitigate damage in the future. Flood mitigation means making changes on your property to prevent future flood losses. Flood mitigation saves lives and money. Some mitigation options are:
  - i. Elevate the building on your property above the base flood height.
  - ii. Relocate buildings out of the floodway
  - iii. Contact your city council, county emergency services director or county commission to express interest in flood mitigation programs.

#### **I. Transportation**

- Keep your automobile gas tank more than full and oil at the proper level. Gas stations could experience a variety of electrical problems or delays in fuel delivery. Storing gasoline at home can be extremely expensive and hazardous and is not recommended.

### **3. Step 3: Evacuation**

One of the most important ways you can prepare your home and family is to create an emergency kit. If you need to evacuate your home, having some essential supplies on hand will make you and your family more comfortable. Once a disaster hits, you won't have time to shop or to search for supplies. Discuss what to do and what to take with you if you have to leave your home. Practice what you have discussed.

Evacuating your home depends on a variety of factors. Here are some things to consider:

- Monitor your local news and Emergency Alert Stations for the most up-to-date information.
- Have you been specifically told to evacuate by an Emergency Service Agency?
- Do you require additional travel time or need transportation assistance?

### **4. Step 4: Financial Readiness**

The ability to maintain financial stability in the event of an emergency will help your family get back on its feet faster. You may want to retain copies of the following in a water proof and fire-proof container:

- Bank statements and account numbers
- Mortgage or car loan documents, IRA's, and Tax Records
- Important phone numbers
- Wills, insurance policies, contacts, deeds, stocks and bonds
- Passports, social security cards, immunization records
- Family records (birth, marriage, death certificates), as well as legal papers such as divorce, immigration or citizenship records.

## Getting Involved Locally

There are many ways in which you can help further the preparedness of our county. Check to see if there are community organizations (churches, community centers, senior centers, etc.) near your residence that you can join and help them better prepare the community. Local community and senior centers are often used for Emergency Shelter needs during disasters of all types. Being more active in preparing your community extends out into helping prepare the county for large scale events.

You can look into volunteer groups that can also assist during times of need. Whether it is for operating a warming shelter, cooking meals, transporting people or supplies to remote areas, there are several ways volunteers can be a great asset to the community before, during and after a disaster. Contact either the FRN or Office of Emergency Management for details on how to join and help.

To help out county-wide, you could attend the Local Emergency Planning Committee (LEPC) and get more involved in knowing what better to prepare for. You can also become a member of this committee and help make decisions on how to better our plan of preparedness for the entire county. The meetings are usually held the 4<sup>th</sup> Thursday of March, June, September, and December. For more information, contact the Barbour County Office of Emergency Management.

Listed below is a list of Local Non-Emergency phone numbers that may come in handy. **Remember that in the case of an Emergency call 911.** Most of the numbers below are not monitored 24 hours a day.

Local Non-Emergency Contacts	Phone Number
Barbour Co. 911 Center Non Emergency Line	304-457-5167
Barbour Co. Office of Emergency Management	304-457-0066*
Flood Plain Manager	304-457-0019*
Barbour Co. Mapping and Addressing	304-457-0061*
WV State Police	304-457-1101*
Barbour Co. Sheriff Dept.	304-457-2352*
Belington Police Dept.	304-823-1613*
Junior Police Dept.	304-823-1829*
Philippi Police Dept.	304-457-3700*
Barbour Co. Health Dept.	304-457-1670*
WV Dept. of Health and Human Services	304-457-9030*
Broadus Hospital	304-457-1760
Barbour County Emergency Squad	304-457-2037
Belington Emergency Squad	304-823-2010
Belington Volunteer Fire Department	304-823-1234*
Junior Volunteer Fire Department	304-823-1856*
Philippi Volunteer Fire Department	304-457-1234*
Belington City Hall	304-823-1611*
Junior City Hall	304-823-1829*

*\*Phones not Monitored 24 hours a day, 7 days a week.*

# Common Natural and Manmade Disasters for our Area

## And how to Prepare for them

Listed in the sections below are common disasters that occur in Barbour County. Each section describes what to expect and how do prepare yourselves and family for these types of disasters before, during and after they happen.

At the end of the individual sections will be an Emergency Kit Supply list to help get you started in preparing your household for any event that could happen in your community. Be sure to add any other item specific to your needs.

### Floods

Failing to evacuate flooded areas, entering flood waters, or remaining after a flood has passed can result in injury or death. Flooding is a temporary overflow of water onto land that is normally dry. Floods are the most common natural disaster in the United States. Floods may:

- Result from rain, snow, coastal storms, storm surges, and overflows of dams and other water systems.
- Develop slowly or quickly – Flash floods can come with no warning.
- Floods cause outages, disrupt transportation, damage buildings, and create landslides.

#### **IF YOU ARE UNDER A FLOOD WARNING, FIND SAFE SHELTER RIGHT AWAY**

- Do not walk, swim, or drive through flood waters. **Turn Around, Don't Drown!**
  - Just six inches of moving water can knock you down, and one foot of moving water can sweep your vehicle away.
- Stay off of bridges over fast-moving water.
- Determine how best to protect yourself based on the type of flooding.
  - Evacuate if told to do so.
  - Move to higher ground or a higher floor.
  - Stay where you are.

#### **HOW TO STAY SAFE WHEN A FLOOD THREATENS**

##### **Prepare NOW**

- Know types of flood risk in your area. Visit FEMA's **Flood Map Service Center** for information.
- Sign up for your community's warning system. (See Nixle Alerting System page for details)

- Listen to the radio for the Emergency Alert System (EAS). For Barbour County tune radio to WWLW-FM 106.5. The National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts. They also provide a smart phone App.
- If flash flooding is a risk in your location, then monitor potential signs, such as heavy rain.
- Learn and practice evacuation routes, shelter plans, and flash flood response.
- Gather supplies in case you have to leave immediately, or if services are cut off. Keep in mind each person's specific needs, including medication. Don't forget the needs of pets. Obtain extra batteries and charging devices for phones and other critical equipment.
- Purchase or renew a flood insurance policy. It typically takes up to 30 days for a policy to go into effect and can protect the life you've built. Homeowner's policies do not cover flooding. Get flood coverage under the **National Flood Insurance Program (NFIP)**. Homeowner's Insurance policies do not typically cover damage from flooding.
- Make sure to follow the local Flood Plain ordinance and check with the Floodplain Manager before construction on a new structure in the county. They will be able to determine whether or not you are in the affected area.
- Keep important documents in a waterproof container. Create password-protected digital copies.
- Protect your property. Move valuables to higher levels. Declutter drains and gutters. Install check valves. Consider a sump pump with a battery.

#### **Survive DURING**

- Depending on where you are, and the impact and the warning time of flooding, go to the safe location that you previously identified.
- If told to evacuate, do so immediately. Never drive around barricades. Local responders use them to safely direct traffic out of flooded areas.
- Listen to EAS, NOAA Weather Radio, or local alerting systems for current emergency information and instructions.
- Do not walk, swim, or drive through flood waters. Turn Around. Don't Drown!
- Stay off bridges over fast-moving water. Fast-moving water can wash bridges away without warning.
- If your vehicle is trapped in rapidly moving water, then stay inside. If water is rising inside the vehicle, then seek refuge on the roof.
- If trapped in a building, then go to its highest level. Do not climb into a closed attic. You may become trapped by rising floodwater. Go on the roof only if necessary. Once there, signal for help.

#### **Be Safe AFTER**

- Listen to authorities for information and instructions. Return home only when authorities say it is safe.
- Avoid driving, except in emergencies.

- Snakes and other animals may be in your house. Wear heavy gloves and boots during clean up.
- Be aware of the risk of electrocution. Do not touch electrical equipment if it is wet or if you are standing in water. If it is safe to do so, turn off the electricity to prevent electric shock.
- Avoid wading in floodwater, which can contain dangerous debris and be contaminated. Underground or downed power lines can also electrically charge the water.
- Use a generator or other gasoline-powered machinery **ONLY** outdoors and away from windows.

### **Snowstorms & Extreme Cold**

Winter storms create a higher risk of car accidents, hypothermia, frostbite, carbon monoxide poisoning, and heart attacks from overexertion. Winter storms and blizzards can bring extreme cold, freezing rain, snow, ice, and high winds. A winter storm can:

- Last a few hours or several days;
- Knock out heat, power, and communication services; and
- Place older adults, young children, and sick individuals at greater risk.

#### **IF YOU ARE UNDER A WINTER STORM WARNING, FIND SHELTER RIGHT AWAY**

- Stay off roads.
- Stay indoors and dress warmly.
- Prepare for power outages.
- Use generators outside only and away from windows.
- Listen for emergency information and alerts.
- Look for signs of hypothermia and frostbite.
- Check on neighbors, if safe to do so.

#### **HOW TO STAY SAFE WHEN A WINTER STORM THREATENS:**

##### **Prepare NOW**

- Know your area's risk for winter storms. Extreme winter weather can leave communities without utilities or other services for long periods of time.



- Prepare your home to keep out the cold with insulation, caulking, and weather stripping. Learn how to keep pipes from freezing. Install and test smoke alarms and carbon monoxide detectors with battery backups.
- Pay attention to weather reports and warnings of freezing weather and winter storms. Sign up for your community's warning system. The Emergency Alert System (EAS) and National Oceanic and Atmospheric Administration (NOAA) Weather Radio also provide emergency alerts.
- Gather supplies in case you need to stay home for several days without power. Keep in mind each person's specific needs, including medication. Do not forget the needs of pets. Have extra batteries for radios and flashlights.
- Create an emergency supply kit for your car. Include jumper cables, sand, a flashlight, warm clothes, blankets, bottled water, and non-perishable snacks. Keep the gas tank full.
- Learn the signs of, and basic treatments for, frostbite and hypothermia.

### Survive DURING

- Stay off roads if at all possible. If trapped in your car, then stay inside.
- Limit your time outside. If you need to go outside, then wear layers of warm clothing. Watch for signs of frostbite and hypothermia.
- Avoid carbon monoxide poisoning. Only use generators and grills outdoors and away from windows. Never heat your home with a gas stovetop or oven.
- Reduce the risk of a heart attack. Avoid overexertion when shoveling snow.
- Watch for signs of frostbite and hypothermia and begin treatment right away.
- Check on neighbors. Older adults and young children are more at risk in extreme cold.

### RECOGNIZE AND RESPOND

- **Frostbite** causes loss of feeling and color around the face, fingers, and toes.
  - **Signs:** Numbness, white or grayish-yellow skin, firm or waxy skin
  - **Actions:** Go to a warm room. Soak in warm water. Use body heat to warm. Do not massage or use a heating pad.
- **Hypothermia** is an unusually low body temperature. A temperature below 95 degrees is an emergency.
  - **Signs:** Shivering, exhaustion, confusion, fumbling hands, memory loss, slurred speech, or drowsiness
  - **Actions:** Go to a warm room. Warm the center of the body first—chest, neck, head, and groin. Keep dry and wrapped up in warm blankets, including the head and neck.

## **Power Outages**

Extended power outages may impact the whole community and the economy. A power outage is when the electrical power goes out unexpectedly. A power outage may:

- Disrupt communications, water, and transportation.
- Close retail businesses, grocery stores, gas stations, ATMs, banks, and other services.
- Cause food spoilage and water contamination.
- Prevent use of medical devices.

### **PROTECT YOURSELF DURING A POWER OUTAGE:**

- Keep freezers and refrigerators closed.
- Only use generators outdoors and away from windows.
- Do not use a gas stove to heat your home.
- Disconnect appliances and electronics to avoid damage from electrical surges.
- Have alternate plans for refrigerating medicines or using power-dependent medical devices.
- If safe, go to an alternate location for heat or cooling.
- Check on neighbors.

### **HOW TO STAY SAFE WHEN A POWER OUTAGE THREATENS:**

#### **Prepare NOW**

- Take an inventory of the items you need that rely on electricity.
- Talk to your medical provider about a power outage plan for medical devices powered by electricity and refrigerated medicines. Find out how long medication can be stored at higher temperatures and get specific guidance for any medications that are critical for life.
- Plan for batteries and other alternatives to meet your needs when the power goes out.
- Sign up for local alerts and warning systems. Monitor weather reports.
- Install carbon monoxide detectors with battery backup in central locations on every level of your home.
- Determine whether your home phone will work in a power outage and how long battery backup will last.
- Review the supplies that are available in case of a power outage. Have flashlights with extra batteries for every household member. Have enough nonperishable food and water.
- Use a thermometer in the refrigerator and freezer so that you can know the temperature when the power is restored. Throw out food if the temperature is 40 degrees or higher.

- Keep mobile phones and other electric equipment charged and gas tanks full.

### **Survive DURING**

- Keep freezers and refrigerators closed. The refrigerator will keep food cold for about four hours. A full freezer will keep the temperature for about 48 hours. Use coolers with ice if necessary. Monitor temperatures with a thermometer.
- Maintain food supplies that do not require refrigeration.
- Avoid carbon monoxide poisoning. Generators, camp stoves, or charcoal grills should always be used outdoors and at least 20 feet away from windows. Never use a gas stovetop or oven to heat your home.
- Check on your neighbors. Older adults and young children are especially vulnerable to extreme temperatures.
- Go to a community location with power if heat or cold is extreme.
- Turn off or disconnect appliances, equipment, or electronics. Power may return with momentary “surges” or “spikes” that can cause damage.

### **Be Safe AFTER**

- When in doubt, throw it out! Throw away any food that has been exposed to temperatures 40 degrees or higher for two hours or more, or that has an unusual odor, color, or texture.
- If the power is out for more than a day, discard any medication that should be refrigerated, unless the drug’s label says otherwise. If a life depends on the refrigerated drugs, consult a doctor or pharmacist and use medicine only until a new supply is available.

## **Pandemic**

This section will help you gather the information and resources you may need in case of a pandemic such as the flu.

### **Before a Pandemic**

- Store a two week supply of water and food.
- Periodically check your regular prescription drugs to ensure a continuous supply in your home.
- Have any nonprescription drugs and other health supplies on hand, including pain relievers, stomach remedies, cough and cold medicines, fluids with electrolytes, and vitamins.
- Get copies and maintain electronic versions of health records from doctors, hospitals, pharmacies and other sources and store them, for personal reference.
- Talk with family members and loved ones about how they would be cared for if they got sick, or what will be needed to care for them in your home.

## **During a Pandemic**

### **Limit the Spread of Germs and Prevent Infection**

- **Avoid close contact** with people who are sick.
- When you are sick, **keep your distance** from others to protect them from getting sick too.
- **Cover your mouth and nose** with a tissue when coughing or sneezing. It may prevent those around you from getting sick.
- **Washing your hands** often will help protect you from germs.
- **Avoid touching your eyes, nose or mouth.**
- **Practice other good health habits.** Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

## **Hazardous Materials Incidents**

Hazardous materials come in the form of explosives, flammable and combustible substances, poisons and radioactive materials. Hazards can occur during production, storage, transportation, use or disposal. You and your community are at risk if a chemical is used unsafely or released in harmful amounts into the environment where you live, work or play.

### **Before a Hazardous Materials Incident**

Many communities have Local Emergency Planning Committees (LEPCs) whose responsibilities include collecting information about hazardous materials in the community and planning made available to the public upon request. Contact your local emergency management office for more information on LEPCs.

The following are things you can do to protect yourself, your family and your property from the effects of a hazardous materials incident:

- Build an **Emergency Supply Kit** with the addition of plastic sheeting and duct tape
- Make a **Family Emergency Plan**
- Know how to operate your home's ventilation system
- Identify an above-ground shelter room with as few openings as possible.

### **During a Hazardous Materials Incident**

Listen to local radio or television stations for detailed information and follow instructions carefully. Remember that some toxic chemicals are odorless.

If you are:	Then:
Asked to evacuate	<ul style="list-style-type: none"> <li>• Do so immediately.</li> <li>• Stay tuned to a radio or television for information on evacuation routes, temporary shelters, and procedures.</li> <li>• If you have time, minimize contamination in the house by closing all windows, shutting all vents, and turning off attic fans.</li> <li>• Take pre-assembled disaster supplies.</li> <li>• Remember to help your neighbors who may require special assistance--infants, elderly people and people with access and functional needs.</li> </ul>
Caught Outside	<ul style="list-style-type: none"> <li>• Stay upstream, uphill, and upwind. In general, try to go at least one-half mile (usually 8-10 city blocks) from the danger area.</li> <li>• Do not walk into or touch any spilled liquids, airborne mists, or condensed solid chemical deposits. Try not to inhale gases, fumes and smoke. If possible, cover mouth with a cloth or mask while leaving the area.</li> <li>• Stay away from accident victims until the hazardous material has been identified.</li> </ul>
In a motor vehicle	<ul style="list-style-type: none"> <li>• Stop and seek shelter in a permanent building.</li> <li>• If you must remain in your car, keep car windows and vents closed and shut off the air conditioner and heater.</li> </ul>
Requested to stay indoors	<ul style="list-style-type: none"> <li>• Bring pets inside. Close and lock all exterior doors and windows. Close vents, fireplace dampers, and as many interior doors as possible.</li> <li>• Turn off air conditioners and ventilation systems, or set ventilation systems to 100 percent recirculation so that no outside air is drawn into the building.</li> <li>• If gas or vapors could have entered the building, take shallow breaths through a cloth or a towel. Avoid eating or drinking any food or water that may be contaminated.</li> <li>• Go into your pre-selected shelter room. Seal gaps under and around the following areas with wet towels, plastic sheeting, duct tape, wax paper or aluminum foil: <ul style="list-style-type: none"> <li>○ Doorways and windows and Air conditioning units</li> <li>○ Bathroom and kitchen exhaust fans</li> <li>○ Stove and dryer vents with duct tape and plastic sheeting</li> </ul> </li> </ul>

## **After a Hazardous Materials Incident**

The following are guidelines for the period following a hazardous materials incident:

- Listen to local radio or television stations for the latest emergency information.
- Go to a designated public shelter if you have been told to evacuate or you feel it is unsafe to remain in your home.
- Act quickly if you have come in to contact with or have been exposed to hazardous chemicals.
- Follow decontamination instructions from local authorities.
- Seek medical treatment for unusual symptoms as soon as possible.
- Place exposed clothing and shoes in tightly sealed containers.
- Advise everyone who comes in to contact with you that you may have been exposed to a toxic substance.
- Return home only when authorities say it is safe. Open windows and vents and turn on fans to provide ventilation.
- Find out from local authorities how to clean up your land and property.
- Report any lingering vapors or other hazards to your local emergency services office.

## **Building an Emergency Kit**

Make sure your emergency kit is stocked with the items on the checklist below. Most of the items are inexpensive and easy to find, and any one of them could save your life. Once you take a look at the basic items, consider what **unique needs** your family might have, such as supplies for **pets**, or **seniors**.

After an emergency, you may need to survive on your own for several days. Being prepared means having your own **food**, **water** and other **supplies** to last for at least 72 hours. A disaster supplies kit is a collection of basic items your household may need in the event of an emergency.

### **Basic Disaster Supplies Kit**

To assemble your kit, store items in airtight plastic bags and put your entire disaster supplies kit in one or two easy-to-carry containers such as plastic bins or a duffel bag.

A basic emergency supply kit could include the following recommended items:

- **Water** - one gallon of water per person per day for at least three days, for drinking and sanitation
- **Food** - at least a three-day supply of non-perishable food
- Battery-powered or hand crank radio and a NOAA Weather Radio with tone alert

- Flashlight
- First aid kit
- Extra batteries
- Whistle to signal for help
- Dust mask to help filter contaminated air and plastic sheeting and duct tape to **shelter-in-place**
- Moist towelettes, garbage bags and plastic ties for personal sanitation
- Wrench or pliers to **turn off utilities**
- Manual can opener for food
- Local maps
- Cell phone with chargers and a backup battery

### **Additional Emergency Supplies**

Consider adding the following items to your emergency supply kit based on your individual needs:

- **Prescription medications**
- Non-prescription medications such as pain relievers, anti-diarrhea medication, antacids or laxatives
- Glasses and contact lens solution
- Infant formula, bottles, diapers, wipes, diaper rash cream
- Pet food and extra water for your pet
- Cash or traveler's checks
- Important family documents such as copies of insurance policies, identification and bank account records saved electronically or in a waterproof, portable container
- Sleeping bag or warm blanket for each person
- Complete change of clothing appropriate for your climate and sturdy shoes
- Household chlorine bleach and medicine dropper to disinfect water
- Fire extinguisher
- Matches in a waterproof container
- Feminine supplies and personal hygiene items
- Mess kits, paper cups, plates, paper towels and plastic utensils
- Paper and pencil
- Books, games, puzzles or other activities for children

## **Maintaining Your Kit**

After assembling your kit remember to maintain it so it's ready when needed:

- Keep canned **food** in a cool, dry place
- Store boxed food in tightly closed plastic or metal containers
- Replace expired items as needed
- Re-think your needs every year and update your kit as your family's needs change.

## **Kit Storage Locations**

Since you do not know where you will be when an emergency occurs, prepare supplies for home, work and vehicles.

- **Home:** Keep this kit in a designated place and have it ready in case you have to leave your home quickly. Make sure all family members know where the kit is kept.
- **Work:** Be prepared to shelter at work for at least 24 hours. Your work kit should include food, water and other necessities like medicines, as well as comfortable walking shoes, stored in a "grab and go" case.
- **Vehicle:** In case you are stranded, keep a kit of emergency supplies in **your car**.

## **More Information and Contact Information**

### **Barbour County Office of Emergency Management**

Address: 111 Overlook Drive, Philippi, WV 26416

Fax Number: 304-457-5683

Follow us on Facebook and Twitter: Barbour County OEM/911

### **For more information on being prepared visit:**

- [www.ready.wv.gov](http://www.ready.wv.gov)
- [www.ready.gov](http://www.ready.gov)
- [www.redcross.org](http://www.redcross.org)
- [www.fema.gov](http://www.fema.gov)
- [www.noaa.gov](http://www.noaa.gov)
- [www.dhsem.wv.gov](http://www.dhsem.wv.gov)
- [www.dhr.wv.gov](http://www.dhr.wv.gov)
- [www.wv211.org](http://www.wv211.org)
- [www.wvoad.org](http://www.wvoad.org)
- [www.cdc.gov](http://www.cdc.gov)



# Barbour County NIXLE Alerts

Get Connected with Nixle and get up to the date information for your area, the community and the county.

Get alerted to Weather alerts, Power Outages, Water Breaks, Boil Water Advisories, School Closings, and more.

Land Lines in our county are automatically connected to our NIXLE account. When used, a call will be made with a message to follow after being answered or connected to a voicemail system.

To Get alerts sent to your Cell Phone, just follow the directions listed below that matches what type of phone you have.

## STAY CONNECTED TO THE INFORMATION THAT MATTERS MOST

Simply text any zip code to 888777 and receive real-time alerts and advisories directly from your local police department and other local agencies. There is no charge for registering, but standard text messaging rates associated with your mobile phone service will apply. You can opt out at anytime by texting "STOP" to 888777.

If you're texting a zip code to 888777 and using Nixle for the first time, you can retrieve a temporary password to complete the registration process [here](#). Completing the registration process will allow you to fully customize how messages reach you - whether by mobile phone, email, or over the web at [www.nixle.com](http://www.nixle.com) - you decide!

### Using an iPhone:

**Step 1:**

Select the Messages icon.

**Step 2:**

Select the Add New Message icon

**Step 3:**

Enter 888777 in the To field.

**Step 4:**

Enter the Zip Code in the Message field.

**Step 5:**

Press Send.

### Using Android:

**Step 1:**

On the Home screen, click the Messaging icon

**Step 2:**

Click Compose Message

**Step 4:**

Enter 888777 in the To field.

**Step 5:**

Enter the Zip Code in the Message field.

**Step 6:**

Press Send.

### Using a Blackberry:

**Step 1:**

On the Home screen, click the Messages icon.

**Step 2:**

Press the Menu key.

**Step 3:**

Click Compose SMS.

**Step 4:**

Enter 888777 in the To field.

**Step 5:**

Enter the Zip Code.

**Step 6:**

Press the Menu key.

**Step 7:**

Press Send.

### Using a Standard Mobile Phone:

**Step 1:**

From the standby screen, press Menu.

**Step 2:**

Scroll to and select Messaging.

**Step 3:**

Select Create Message.

**Step 4:**

Select New Text Message.

**Step 5:**

Enter the Zip Code and press Send To.

**Step 6:**

Select New Number.

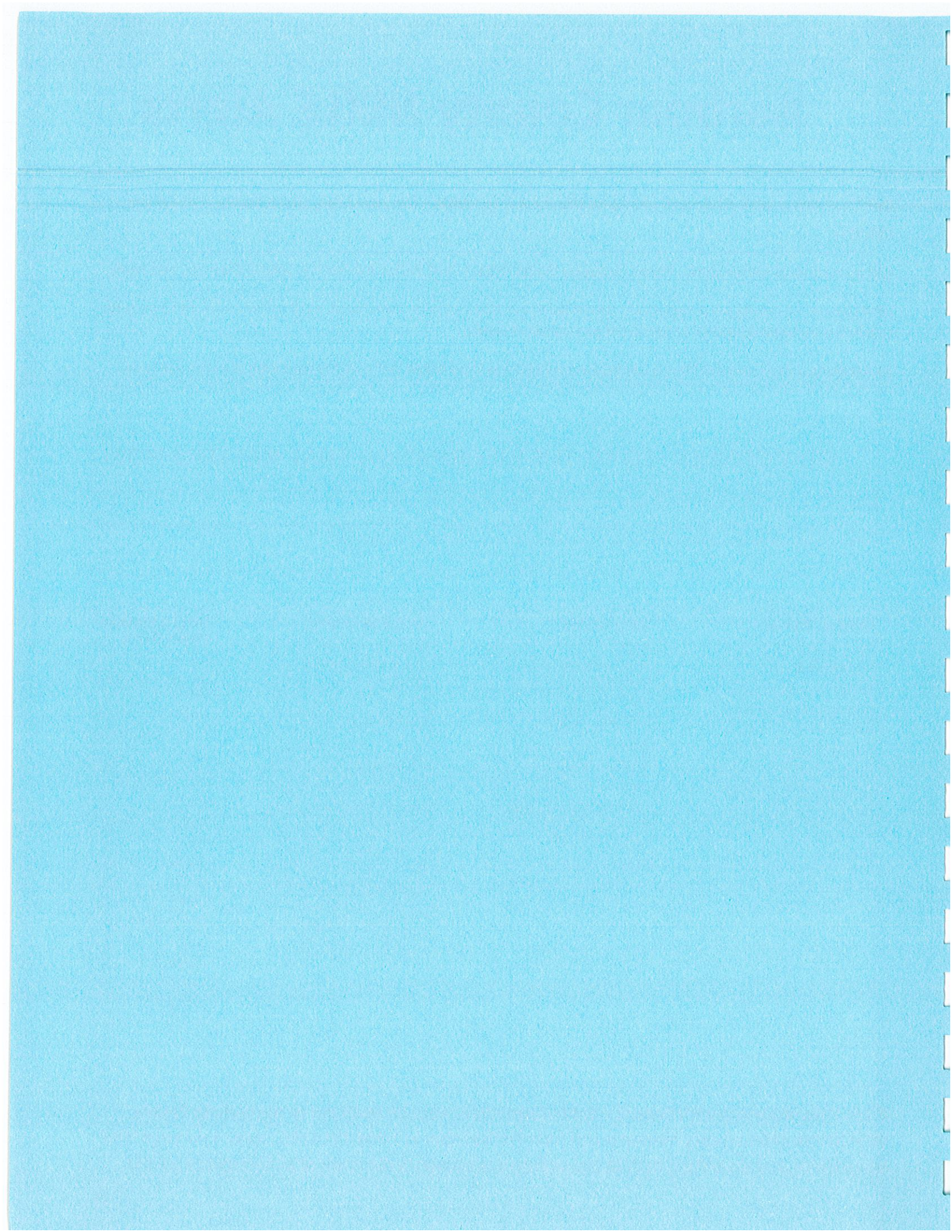
**Step 7:**

Enter 888777.

**Step 8:**

Press Send.

If you have any issues with Nixle or want to learn more, you can reach out to the Barbour County OEM (Office of Emergency Management) Mon-Fri 9am-5pm at 1-304-457-5686. Leave a message if no one answers and we will get back to you as soon as possible. In the event of an emergency call 911.



## **Dedication**

**This booklet is dedicated to all families in Barbour County who are working daily to navigate through our many systems; and to all the hard working, dedicated professionals who are available and willing to assist them.**

## **Corrections or Additions**

**Corrections and additions are made to this booklet on a yearly basis. If you see something that has been omitted or incorrectly reported, please feel free to call the Family Resource Network at 304-457-2691 or email [reception@bcfrn.org](mailto:reception@bcfrn.org) and ask that they make the correction.**

**It is important to us that all the information is current and correct and we encourage and need your help to assure this is the case.**

**This Resource Directory was compiled and distributed by the Family  
Resource Network.**

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